Community participation through education

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The group of students with mental health problems who receive the Supported Education intervention show less school dropout, better school functioning and recovery than the group of students with mental health problems who receive "support as usual".

Ethische beoordeling Positief advies **Status** Werving gestart

Type aandoening -

Onderzoekstype Interventie onderzoek

Samenvatting

ID

NL-OMON29517

Bron

Nationaal Trial Register

Verkorte titel

COMPARE

Aandoening

Psychiatric disorder (e.g. depression, anxiety disorder, bipolar disorder, psychosis, ADHD) for which the student has received a formal diagnosis or the student experiences symptoms for at least 6 months

Ondersteuning

Primaire sponsor: Stichting tot Steun VCVGZ

Overige ondersteuning: Stichting tot Steun VCVGZ

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The main outcome measure will be 'remaining in school'. Of each participant will be examined whether he/she dropped-out or remained at school. If students drop-out, the reason for drop-out will be examined (voluntary, involuntary, graduation).

Toelichting onderzoek

Achtergrond van het onderzoek

The onset of mental health problems generally occurs between the ages of 16 and 23 – the years in which young people follow postsecondary education, which is a major channel in our society to prepare for a career and enhance life goals. Several studies have shown that students with mental health problems have a higher chance of early school leaving. Supported Education services have been developed to support students with mental health problems to remain at school. The current project aims to study the effect of an individually tailored Supported Education intervention on educational outcomes and recovery of students with mental health problems at a university of applied sciences and a community college. To that end, a mixed methods design will be used. This design combines quantitative research (Randomized Controlled Trial) with qualitative research (focus groups, monitoring, interviews). One hundred students recruited from the two educational institutes will be randomly allocated to either the intervention or control group.

Doel van het onderzoek

The group of students with mental health problems who receive the Supported Education intervention show less school dropout, better school functioning and recovery than the group of students with mental health problems who receive "support as usual".

Onderzoeksopzet

Measurements will be done at baseline (T0), 6 months after T0 (T1), and 12 months after T0(T2).

Onderzoeksproduct en/of interventie

Supported Education is a tailor made, personalized intervention, taking the individual's own educational goal as starting point of the intervention and assessing the personal critical skills and support to achieve their own educational goal. It is a manualized psychiatric rehabilitation intervention suitable for different mental health and educational contexts. The intervention can be delivered by trained mental health and educational professionals.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Psychiatric disorder (e.g. depression, anxiety disorder, bipolar disorder, psychosis, ADHD) for which the student has received a formal diagnosis or the student experiences symptoms for at least 6 months
- Receiving treatment for mental health problems or has been receiving treatment in the past.
- Minimum age is 16 years old
- Following regular post-secondary/higher education
- Expressing the need for extra support to remain at school
- HBO or MBO level 3 or 4

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Not fluent in speaking and reading in Dutch
- Need for extra support is only expressed by others than the student
- Individuals unable to give informed consent
- Less than six months to go before graduation
- Has received Supported Education services in the past

Onderzoeksopzet

Opzet

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

Blindering: Enkelblind

Controle: Actieve controle groep

Deelname

Nederland

Status: Werving gestart

(Verwachte) startdatum: 10-11-2019

Aantal proefpersonen: 100

Type: Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies

Datum: 04-02-2020

Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register ID

NTR-new NL8349

Ander register METC UMCG : METC2019/400

Resultaten