Avoid alcohol training in treatment for problem drinkers

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1. A higher percentage of participants reaching the guidelines for low risk drinking in the AAT training condition compared to those in the AAT placebo condition. 2. Improvement of health status and depression, anxiety and stress symptoms in...

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON24326

Bron
Nationaal Trial Register

Verkorte titel
CBM-AAT +CBT

Aandoening

Problem drinking

Ondersteuning

Primaire sponsor: Saxion University of Applied Sciences, University Amsterdam (UvA), University Twente (UT), Tactus Addiction Treatment
Overige ondersteuning: NWO Veni grant 451-10-029 , promotion funds Saxion University of Applied Sciences, University Amsterdam (UvA), University Twente (UT), Tactus Addiction Treatment

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Proportion of participants reaching the guidelines for low risk drinking (<22 standard units/week for men and <15 for women).

Toelichting onderzoek

Achtergrond van het onderzoek

The aim of the study is to examine the effectiveness of CBM Avoid Alcohol training as an adjunct to a cognitive behavioral treatment (TAU) in an outpatient treatment setting. The TAU consists of a structured, online CBT program in which the participant and the therapist communicate asynchronously, via the Internet only or a face-to-face CBT group or individual therapy. A treatment regarding CBM Avoid Alcohol training is added to the TAU. Patients will be randomised to a CBM Avoid Alcohol training or to a CBM placebo training. All participants receive pictures of alcoholic beverages and soda drinks, that are tilted to the left or right. They are instructed to approach one type of tilt (e.g., tilted left) by pushing a certain key (and the picture grows bigger) and avoid the other type of tilt (e.g., tilted right) by another key (and the picture shrinks). Participants in the experimental group (AAT-training) avoid alcoholic pictures and approach soda drinks, while participants in the control group (placebo training) approach and avoid those pictures equally often.

Doel van het onderzoek

1. A higher percentage of participants reaching the guidelines for low risk drinking in the AAT training condition compared to those in the AAT placebo condition.

2. Improvement of health status and depression, anxiety and stress symptoms in participants in the AAT training condition compared to those in the placebo condition.

3.The added effect on treatment outcome is mediated by a change in approach bias.

Onderzoeksopzet

- Intake procedure Treatment as usual (demographic characteristics, TLFB, MAP-HSS, DASS-21, 5-items OCDS, CIDI)

- Pre-assessment training (TLFB, VAS, DMQ-r, Drinking refusal self-efficacy, AAT)

- Post- assessment training (TLFB, VAS, AAT and CSQ)

- Posttest and follow-up Treatment as usual (TLFB, MAP-HSS, DASS-21, 5-items OCDS)

Onderzoeksproduct en/of interventie

The CBM training will start simultaneously with the goal setting assignment in the TAU (web-

based treatment or face-to face treatment for alcohol abuse).

The training consists of a pre- and postassessment and 8 training sessions.

Condition 1: TAU + AAT training

Condition 2: TAU + placebo AAT

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Participants follow cognitive behavioral

treatment for alcohol abuse.

- Dutch as first language

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- There are no exclusion criteria in order to participate in this trial.

For participation in the web- based treatment:

- Age ¡Ý 18

- Serious psychiatric illnesses with a chance to decompensate while decreasing alcohol consumption.

- A chance of severe physical illnesses as a consequence of decreasing alcohol consumption behavior.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Dubbelblind
Controle:	Placebo

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	13-05-2015
Aantal proefpersonen:	304
Type:	Verwachte startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies

Datum:	10-03-2015
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 42123
Bron: ToetsingOnline
Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4965
NTR-old	NTR5087
CCMO	NL48563.018.14
OMON	NL-OMON42123

Resultaten