Randomized controlled trial of psychiatric consultation embedded in continuing education to company physicians for employees with sick leave absence through psychiatric disorders.

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In a randomized controlled study comparing psychiatric consultation with care as usual by the company physician, patients will improve in the intervention group in terms of duration of sick leave, general functioning and quality of life.

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22572

Bron
Nationaal Trial Register

Verkorte titel
BACO Trial

Aandoening

Depressive disorder, anxiety disorder, other comorbid medical disorders

Ondersteuning

Primaire sponsor: Trimbos-instituut
Postbus 725
3500 AS Utrecht
Overige ondersteuning: STECR Alladin Program
ArboNed, ArboUnie

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Reduction of symptoms as measured with the PHQ and quality of life as measured with the SF-20.

Toelichting onderzoek

Achtergrond van het onderzoek

This study is a randomised trial on the effect of combined psychiatric consultations and continuing education to company doctors for patients with sick leave absence through mental illness.
The study population consists of employees who after the usual care during 6 weeks of sick leave absence did not resume work, and have no plan for complete resumption of work within the next 6 weeks; that are PHQ screen positive on depression or anxiety or on the WI somatoform disorder.
The training of company physicians is developed in congruence with NVAB and STECR guidelines and will be presented as such for further elaboration of these guidelines.

Company physicians will be cluster randomised between an intervention group that receives consultation, and a CAU group. 2 x 200 employees will be included. 276 completers will be aimed at.
Assessment: PHQ-9, SCL-90, MOS SF-20, EQ-5D, MVI-20, TIC-P, satisfaction of employees on a VAS-scale. Follow up will be after 3 and 6 months.

Doel van het onderzoek

In a randomized controlled study comparing psychiatric consultation with care as usual by the company physician, patients will improve in the intervention group in terms of duration of sick leave, general functioning and quality of life.

Onderzoeksproduct en/of interventie

Company physicians are randomised over 2 conditions:
1. the intervention group and
2. care-as-usual group.
All company physicians in both conditions receive continuing education and follow a training programme targeted at diagnosis and treatment of depressive disorder and anxiety disorder.
In the intervention group patients of company physicians receive psychiatric consultation as

well, resulting in an individually tailored diagnosis and treatment advice.
These psychiatric consultation are enbedded in the continuing education to company physicians.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Employees with absence from work for a period of at least 6 weeks and no plan for resumption of work within 12 weeks, and a positive screen on either the PHQ or the Whiteley Index.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Insufficient command of Dutch language, negative outcome of PHQ screen, dementia,

psychotic symptoms or suicide risk, or the expectation of the company physician of a work related conflict.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blindering:	Open / niet geblindeerd
Controle:	Actieve controle groep

Deelname

Nederland

Status:	Werving gestart
(Verwachte) startdatum:	03-10-2005
Aantal proefpersonen:	400
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	12-09-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL325
NTR-old	NTR363
Ander register	: N/A
ISRCTN	ISRCTN86722376

Resultaten

Samenvatting resultaten

Hoedeman R, Van de Beek EJ, Te Koppele A, Wijers JHL. STECR
werkwijzer ‘Somatisatie”. Tijdschrift voor Bedrijfs- en Verzekeringsgeneeskunde 2005; 13:4:113-115.

Van der Feltz-Cornelis, C.M., Wijkel, D., Verhaak, P.F.M., Collijn, D.H., Huyse, F.J., Dyck van, R. 'Psychiatric consultation for somatizing patients in the family practice setting: a feasibility study'. International Journal of Psychiatry in Medicine 1996; 26:2¬: 223-239.

Van der Feltz-Cornelis, C.M. Transmurale psychiatrische consultatie. In: F.J. Huyse, A.F.G. Leentjens, M. Bannink, & A.D. Boenink (Red): Consultatieve Psychiatrie. Van Gorcum, 2004.