

# Effectiveness of Forced Air Preoperative warming

Gepubliceerd: 19-02-2016 Laatst bijgewerkt: 15-05-2024

The use of preoperative warming of patients undergoing total hip- or knee arthroplasty with a forced air technique will reduce the incidence of postoperative hypothermia.

**Ethische beoordeling** Positief advies

**Status** Werving gestart

**Type aandoening** -

**Onderzoekstype** Interventie onderzoek

## Samenvatting

### ID

NL-OMON22080

### Bron

Nationaal Trial Register

### Verkorte titel

FAP study

### Aandoening

Postoperative hypothermia

### Ondersteuning

**Primaire sponsor:** OLVG Hospital (Onze Lieve Vrouwe Gasthuis), Amsterdam, the Netherlands

**Overige ondersteuning:** Not applicable

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The primary endpoint of this study is the percentage of postoperative hypothermic patients with temperature below 36 degrees Celsius measured during entrance of the OR, 15 min

after induction of anaesthesia and on the recovery room at first temperature.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Rationale: Patients undergoing surgery with general anesthesia or local regional anesthesia will have a decline in body temperature caused by redistribution of heat from the core compartment to the peripheral compartment. Intra- and postoperative hypothermia causes serious complications such as blood clotting disorders, surgical site infections, cardiac morbidity and mortality. Recent literature shows evidence to prevent patients from intra- and postoperative hypothermia and its resulting complications by using forced air before surgery (so called prewarming), instead of forced air warming only during surgery (standard care)

Objective: The primary objective of the study is to determine whether the use of preoperative warming with a forced air technique leads to a reduction of the incidence of hypothermia compared to patients with standard care. Secondary objectives are the incidence of intra- and postoperative complications and cost effectiveness of implementing forced air prewarming.

Study design: Prospective randomized controlled trial. Patients will be randomized to the intervention group: 30min of prewarming in the preoperative holding and the control group: standard preoperative care.

Study population: Eligible patients are patients undergoing orthopaedic surgery for total knee - and hip arthroplasty.

Intervention (if applicable): 30 minutes preoperative warming with forced air technique (FAP) by using the ®Bair Paws gown and ®Bairhugger warming unit.

Main study parameters/endpoints: An endpoint is hypothermia defined as a core temperature below 36 degrees Celsius measured with ®SpotOn non-invasive cutaneous thermometer.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: Due to the observational nature of this study there are no side effects to be expected. The use of the ®SpotOn non invasive thermometer, measuring core temperature, is expected to be safe in patients under general anaesthesia or spinal anaesthesia. Measuring core temperature with ®Spot-On thermometer is a validated method, proven by literature. The use of forced air rewarming with ®Bair Paws gown and ®Bairhugger warming unit is expected to be safe.

### Doel van het onderzoek

The use of preoperative warming of patients undergoing total hip- or knee arthroplasty with a forced air technique will reduce the incidence of postoperative hypothermia.

## **Onderzoeksopzet**

- 30 minutes preoperative
- intraoperative
- postoperative during stay on PACU
- 30 day's postoperative

## **Onderzoeksproduct en/of interventie**

Patients in the FAP group will be prewarmed, 30 minutes preoperatively, in the preoperative waiting room, using a ®Bair Paws gown for 30 minutes. The ®Bair Paws perioperative single use patient gown (Arizant Healthcare, UK) is a gown developed for perioperative skin surface warming. The gown will be connected via corrugated hose to a ®Bair Hugger warming unit to provide intraoperative warming. The temperature output of the device is set on a temperature and 43 Celsius. Temperature output can be adjusted according to the patient needs.

Patients in the standard care group will receive 30 minutes preoperatively a disposable heated blanket in the preoperative waiting room area. Intra-operative a forced air warming with ®Bair Paws gown will be applied. The ®Bair Paws perioperative single use patient gown (Arizant Healthcare, UK) is a gown developed for perioperative skin surface warming. The gown will be connected via corrugated hose to a ®Bair Hugger warming unit to provide intraoperative warming. The temperature output of the device is set on a temperature and 43 degrees Celsius. Temperature output can be adjusted according to the patient needs. Furthermore administered iv fluids will be warmed by an active fluid warmer (enFlow®IV Fluid Warmer, Vital Signs A GE Healthcare company).

## **Contactpersonen**

### **Publiek**

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## **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

- >18y
- Patients scheduled for total knee – and total hip arthroplasty
- ASA I, II or III

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

- < 18y
- Surgery < 60 minutes
- Day care surgery
- Surgical Emergency
- Other surgery than total knee – and total hip arthroplasty
- ASA IV or V

# Onderzoeksopzet

## Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Gerandomiseerd          |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Actieve controle groep  |

## Deelname

|                         |                      |
|-------------------------|----------------------|
| Nederland               |                      |
| Status:                 | Werving gestart      |
| (Verwachte) startdatum: | 11-01-2016           |
| Aantal proefpersonen:   | 222                  |
| Type:                   | Verwachte startdatum |

## Ethische beoordeling

|                 |                  |
|-----------------|------------------|
| Positief advies |                  |
| Datum:          | 19-02-2016       |
| Soort:          | Eerste indiening |

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 42062  
Bron: ToetsingOnline  
Titel:

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

| Register | ID             |
|----------|----------------|
| NTR-new  | NL5639         |
| NTR-old  | NTR5754        |
| CCMO     | NL52209.100.15 |
| OMON     | NL-OMON42062   |

## Resultaten

### Samenvatting resultaten