

# Maternity Care Flex

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Flexible maternity care for high-risk pregnant women is feasible in terms maternal empowerment, stress, resilience and self-efficacy of vulnerable families, health care costs and staff and patient experience.

|                             |                          |
|-----------------------------|--------------------------|
| <b>Ethische beoordeling</b> | Positief advies          |
| <b>Status</b>               | Werving nog niet gestart |
| <b>Type aandoening</b>      | -                        |
| <b>Onderzoekstype</b>       | Interventie onderzoek    |

## Samenvatting

### ID

NL-OMON21938

### Bron

Nationaal Trial Register

### Verkorte titel

FLEKZ

### Aandoening

n.a.

## Ondersteuning

**Primaire sponsor:** Geboortezorg Limburg (maternity care organization), all municipalities in Parkstad-region & municipality Sittard-Geleen, Health care insurance companies (CZ and VGZ), GGD Zuid Limburg (municipal health services), midwives

**Overige ondersteuning:** All partners named above contribute both in cash and in kind

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Self-mastery (Pearlin & Schooler Self-Mastery Scale)

# Toelichting onderzoek

## Achtergrond van het onderzoek

Maternity care is a unique type of home care for newborns and their mothers in The Netherlands, offered during the first 10 days after birth. Because of closely working together with families in their home environment, maternity care workers play an important role in the signaling of vulnerabilities. Maternity care therefore is essential for a safe and healthy start of life. Unfortunately, it is often seen that families who could benefit most from maternity care and support, choose for the minimum amount of care. Mandatory costs for maternity care possibly play a role in the amount of care chosen. In addition, 10 days often is experienced to be too short to empower and support vulnerable families. Therefore, in this pilot, newborn parents will be offered 'flexible' maternity care (free maternity care and/or additional hours of care, to be assigned to clients in a flexible way) with the main goal to increase parental empowerment. The effect of providing free and/or more care for this specific population will be evaluated using the 'Quadruple Aim Model'. Questionnaires and interviews will be used, as well as medical files.

## Doel van het onderzoek

Flexible maternity care for high-risk pregnant women is feasible in terms maternal empowerment, stress, resilience and self-efficacy of vulnerable families, health care costs and staff and patient experience.

## Onderzoeksopzet

1) Third trimester of pregnancy, 2) at the end of maternity care, before prolonged care is started (mostly around day 7 postpartum) 3) at six months postpartum

## Onderzoeksproduct en/of interventie

Arm 1: refunding all costs for maternity care (obligatory deductible excess)

Arm 2: additional hours of maternity care (to be used with the first 6 months postpartum)

Arm 3: control group (maternity care as usual)

# Contactpersonen

## Publiek

GGD Zuid Limburg  
Dorien Reijnders

0628040710

## Wetenschappelijk

GGD Zuid Limburg  
Dorien Reijnders

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Vulnerable pregnant women or families expecting a child OR who have a baby <6 months old.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Not willing to fill out questionnaires or share data between maternity care and researcher

## Onderzoeksopzet

### Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Niet-gerandomiseerd     |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Actieve controle groep  |

### Deelname

|                         |                          |
|-------------------------|--------------------------|
| Nederland               |                          |
| Status:                 | Werving nog niet gestart |
| (Verwachte) startdatum: | 01-11-2021               |

Aantal proefpersonen: 450  
Type: Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

Positief advies  
Datum: 20-10-2021  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register       | ID                     |
|----------------|------------------------|
| NTR-new        | NL9807                 |
| Ander register | METC Z : METCZ20210154 |

## Resultaten

### Samenvatting resultaten

n.a.