

Smoking prevention program (Fun without Smokes).

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1. Providing children with tailored non-smoking advice will prevent them from becoming a smoker; 2. Children receiving tailored non-smoking advice will have stronger cognitions in favour of non-smoking; 3. Prompting children through e-mail and SMS...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aanpak	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20424

Bron

Nationaal Trial Register

Verkorte titel

N/A

Aandoening

smoking prevention, primary schools, primary school children, tailored advice, prompting, reminders, web-based intervention, Internet, SMS, e-mail.

rookpreventie, basisscholen, basisschoolleerlingen, advies op maat, stimuleren, aanmoedigen, herinneringen, web-based interventie, internet, sms, e-mail.

Ondersteuning

Primaire sponsor: Maastricht University

Overige ondersteuning: ZonMw, The Netherlands Organization for Health Research and Development.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary outcome measures will be: ever smoking and the level of utilization of the 'Fun without Smokes' website.

Toelichting onderzoek

Achtergrond van het onderzoek

Smoking is a leading cause of morbidity and mortality. Tobacco use represents a major health risk and is a preventable cause of many chronic diseases, including coronary heart disease and various types of cancers. It is known from previous studies the earlier people start to smoke the more likely they will become regular smokers.

Especially the transition from primary school to secondary school is a period of risk to start smoking. In this period youngsters experience pressure and stress, and want to belong to a group. If someone offers them a cigarette they need positive attitudes, self-efficacy and skills to refuse that cigarette.

The present study will include primary school students from grade 7 and will follow them to the first class of the secondary school. With computer tailored feedback we will give the youngsters (in the experimental groups) information about their attitudes, self-efficacy and social norms helping them not to start (experimenting with) smoking. Computer tailored feedback has shown to be effective in reaching adolescents, also in smoking prevention trials. Furthermore, we will test the efficacy of a proactive approach using prompts in order to maintain interest and attention of the pupils. Several studies suggest that the utilization of a proactive approach will yield higher participation rates.

Doel van het onderzoek

1. Providing children with tailored non-smoking advice will prevent them from becoming a smoker;
2. Children receiving tailored non-smoking advice will have stronger cognitions in favour of non-smoking;
3. Prompting children through e-mail and SMS will have a stronger effect than non-prompting on smoking initiation;
4. Prompting children through e-mail and SMS will have a stronger effect than non-prompting on cognitions in favour of non-smoking;
5. Children in the prompting condition will visit the website more often than children in the

non-prompting condition.

Onderzoeksopzet

1. Baseline measurement;
2. 12 months follow-up;
3. 24 months follow-up.

Onderzoeksproduct en/of interventie

The computer tailored intervention will consist of two experimental groups. After completing the online questionnaire regarding their attitudes, self-efficacy and other factors related to smoking the participants in the experimental groups will receive computer tailored feedback reports. These reports are based on the answers they filled out in the online questionnaire. The difference between these two groups is that one group will be proactively prompted (via SMS and e-mail) to revisit the website (prompt group), with information about smoking, whereas the other group will not be prompted (non-prompt group).

The control group will complete the online questionnaire but receives nothing (no computer tailored feedback reports and no prompts).

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Participants are primary school children in grade 7;
2. Children have access to a computer and Internet at school and at home.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Parents refuse their child(ren) to participate;
2. Children refuse to participate;
3. Special education schools;
4. Schools using the program 'Ik (r)ook niet'.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-10-2011
Aantal proefpersonen:	3600

Type:

Verwachte startdatum

Ethische beoordeling

Positief advies

Datum: 18-10-2011

Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2969
NTR-old	NTR3116
Ander register	MEC Atrium-Orbis-Zuyd : 11-T-25
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A