

The effect of the use of motivational counselling in occupational health examinations on work ability

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The use of motivational counselling and inclusion of a written health plan in an occupational health examination will improve personal work resources and work ability at 12 months follow-up

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20241

Bron

Nationaal Trial Register

Aandoening

Work ability of workers

Arbeidsvermogen van werknemers

Ondersteuning

Primaire sponsor: Finnish Institute of Occupational health

Overige ondersteuning: The Finnish Work Environment Fund

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Primary outcome 1: The time the personal resources for being able to work will last. Seven point scale ranging from 2 months until official retirement age.

Primary outcome 2: Work ability Score: score of current work ability compared to life-time best on a ten point scale, measured at one-year follow-up.

Toelichting onderzoek

Achtergrond van het onderzoek

There is uncertainty about the effects of occupational health examinations. In this trial we will evaluate the effect of a health plan and motivational counselling as part of an occupational health examination on work ability. The trial is set up as a stepped wedge design in which three groups of occupational health nurses are trained over time.

Doel van het onderzoek

The use of motivational counselling and inclusion of a written health plan in an occupational health examination will improve personal work resources and work ability at 12 months follow-up

Onderzoeksopzet

Follow-up at 12 months

Onderzoeksproduct en/of interventie

Intervention group: Motivational counselling and a written health plan as part of occupational health examinations. Occupational nurses are trained to use motivational counselling, and to co-create a written health plan with individual workers as part of occupational health examinations.

Control intervention is care as usual which means that there is an occupational health examination for which nurses are not trained in motivational counselling and co-creating a written health plan.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

All workers who are listed in participating occupational health care service providers and eligible for a comprehensive health examinations

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Workers eligible for a health examination is not comprehensive and consist only of a single test, e.g. hearing test

Onderzoeksopzet

Opzet

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

Blinding:	Open / niet geblindeerd
Controle:	Actieve controle groep

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	12-04-2016
Aantal proefpersonen:	12000
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	28-04-2016
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5620
NTR-old	NTR5727
Ander register	MEC Universiteit van Helsinki : 322/13/03/00/15.

Resultaten