

Eye Movement Desensitization and Reprocessing treatment in pregnant women with Posttraumatic Stress Disorder after previous childbirth

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In follow up measurements compared to pre-treatment measurement 1) WITHIN the treatment group there is a decline in the severity of PTSD symptoms and percentage of PTSD diagnoses; 2) BETWEEN treatment group and care-as-usual group there is more...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20013

Bron

Nationaal Trial Register

Verkorte titel

EMDR_PTSD

Aandoening

Pregnancy, posttraumatic stress disorder, childbirth, PTSD, trauma, EMDR, eye movement desensitization and reprocessing, postpartum

Ondersteuning

Primaire sponsor: Onze Lieve Vrouwe Gasthuis

Overige ondersteuning: Vereniging EMDR Nederland

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Severity of PTSD

Toelichting onderzoek

Achtergrond van het onderzoek

After childbirth, 1-3% of women will develop a posttraumatic stress disorder (PTSD). Many women will become pregnant again and experience severe anxiety associated with pregnancy and childbirth. Our objective is to assess efficacy and safety of EMDR treatment for pregnant women with PTSD after childbirth. After screening 1667-5000 multiparae, 50 pregnant women with PTSD will be randomized between care-as-usual or 3 sessions of 90 minutes EMDR.

Doel van het onderzoek

In follow up measurements compared to pre-treatment measurement

- 1) WITHIN the treatment group there is a decline in the severity of PTSD symptoms and percentage of PTSD diagnoses;
- 2) BETWEEN treatment group and care-as-usual group there is more reduction in PTSD symptom severity, a lower percentage of PTSD diagnoses, fewer caesarean sections, a more positive childbirth experience, and lower health care costs in the treatment group;
- 3) EMDR does not lead to more obstetrical or neonatal complications.

Onderzoeksopzet

Data will be collected at several timepoints:

- Screening (gestational age 8-20 weeks)
- T0:Pre-assessment (circa 20 weeks gestational age)
- In between sessions (every two weeks for care as usual)
- T1: Post-treatment antepartum (30-32 weeks gestational age)
- T2: Post-treatment postpartum (2-3months postpartum)

Onderzoeksproduct en/of interventie

Care-as-usual group: care-as-usual is defined as standard care during pregnancy, with routine obstetrical checks. Assuming good clinical care, anxious pregnant women and those with traumatic delivery experiences will receive more counseling compared to not-anxious pregnant women, but will (probably) not be referred for EMDR.

Eye Movement Desensitization and Reprocessing (EMDR) group: EMDR is a psychological intervention that was developed for the treatment of traumatic memories. It is internationally recognized as a first choice therapy for treating posttraumatic stress disorder. EMDR is conducted according to the Dutch translation of the basic EMDR protocol 2015, and is provided in 3 sessions of 90 minutes. Eye movements were applied as the distracting stimulus.

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Multiparae with a gestational age of 8-20 weeks, who master the Dutch language

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

<18 years old,

current psychological treatment

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Actieve controle groep

Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-04-2015
Aantal proefpersonen:	50
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	30-03-2015
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 47330

Bron: ToetsingOnline

Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4886
NTR-old	NTR5123
CCMO	NL49304.100.14
OMON	NL-OMON47330

Resultaten