Empowerment in mental health care using e-health in a redesigned intake process

Gepubliceerd: 17-01-2016 Laatst bijgewerkt: 13-12-2022

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Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON19875

Bron
Nationaal Trial Register

Aandoening

Empowerment, motivation, activation, working Alliance, Shared Decision Making, adherence to treatment, clinical outcome, Routine Outcome Monitoring, e-health, mental health care.

Ondersteuning

Primaire sponsor: Sponsor: GGz Breburg, Mental Health Institute, Tilburg, The Netherlands.

The study is embedded in The EMGO Institute for Health and Care Research (EMGO+): one of the interfaculty research institutes of the VU University Medical Center Amsterdam and the VU University Amsterdam.

Professors of Tilburg University, VU University and University of Leiden are supervising this study.
Overige ondersteuning: Sponsor: GGz Breburg, Mental Health Institute, Tilburg, The Netherlands.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary outcome measures are the degree in patient motivation for treatment and patient activation in mental health (treatment).

Toelichting onderzoek

Achtergrond van het onderzoek

This study is designed to investigate the effectiveness of a redesigned intake process in specialised mental health care using e-health in a two-arm cluster randomised controlled trial.

The study hypothesizes that this new way of working is positively related to: 1) a higher level of autonomous motivation and an more active role of patients in their mental health treatment, 2) greater equivalence in and quality of the working relationship between patient and clinician, 3) a higher level of the application of shared decision making and treatment adherence, and 4) better clinical outcomes.

Doel van het onderzoek

The aim of this study is to examine whether the implementation of a redesigned intake process using e-health is effective compared to the intake as usual without an e-health intervention.
The first hypothesis is that using e-health in a new intake method will lead to a higher degree of autonomous motivation of patients for psychiatric treatment and which may in turn lead to a beneficial shift in the empowerment of patients to play an active role in their own mental health and treatment.
Second hypothesis is that motivated and active involved patients have a more equivalent interplay with their clinician. Due to the empowerment of patients and equivalence in the working relationship between patients and clinicians the application of Shared Decision Making may be encouraged.
Third it is hypothesized that improvement in motivation, active involvement and an equivalent working relationship is positively related to patient’s adherence to treatment and improved clinical outcome.

Onderzoeksopzet

Datacollection: September 2016-March 2017

Reporting of the results is expected from September 2017.

Onderzoeksproduct en/of interventie

The intake-teams randomised to the intervention group implement e-health interventions in a redesigned intake process.

To implement this new way of working, the clinicians of the intervention teams follow a training aiming to gain insight, knowledge and skills in the application of recovery supported care, shared decision making and e-health with the purpose to motivate and empower patients in gaining an active role in their recovery and stimulating an equivalent interplay between patients and clinicians.

Contactpersonen

Publiek

GGz Breburg

Margot Metz
Postbus 770

Tilburg 5000 AT
The Netherlands
tel: 06-51437269

Wetenschappelijk

GGz Breburg

Margot Metz
Postbus 770

Tilburg 5000 AT
The Netherlands
tel: 06-51437269

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Patients who are referred to one of the participating centers treating depression, anxiety and personality disorders, for whom a full intake is planned and who have sufficient command of the Dutch language, are eligible for participation and will be asked for written informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Exclusion criteria for participating in this study are patients who don’t get a full intake because of a come back in treatment and patients who don’t speak and read Dutch.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Open / niet geblindeerd
Controle:	Actieve controle groep

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-09-2016
Aantal proefpersonen:	172
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	17-01-2016

Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5555
NTR-old	NTR5677
Ander register	Medisch Ethische Toetsingscommissie (METC) VU Medisch Centrum : 2015.434

Resultaten

Samenvatting resultaten
Article about studyprotocol in preparation.