# Long term results after hip arthoscopy

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To evaluate the degree of osteoarthritis 5 to 10 years after a hip arthroscopy in comparison

with the non-operative side.

Ethical reviewApproved WMOStatusCompletedHealth condition typeJoint disorders

**Study type** Observational non invasive

# **Summary**

#### ID

**NL-OMON56691** 

#### Source

ToetsingOnline

#### **Brief title**

Long term results after hip arthroscopy

### Condition

· Joint disorders

### **Synonym**

hip arthroscopy, osteoarthritis

### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Reinier de Graaf Groep

Source(s) of monetary or material Support: het Reinier de graaf ziekenhuis

#### Intervention

**Keyword:** Hip arthroscopy, Osteoarthritis

### **Outcome measures**

### **Primary outcome**

To evaluate the degree of osteoarthritis 5 to 10 years after a hip arthroscopy in comparison with the non-operative side.

## **Secondary outcome**

- To evaluate the change in degree of osteoarthritis at 5 to 10 years after a hip arthroscopy in comparison with preoperative/perioperative.
- To report the incidence of total hip replacement within 5 to 10 years after a hip arthroscopy. To report the incidence of revision hip arthroscopy within 5 to 10 years after primary hip arthroscopy.
- To determine the functional outcome of patients and, to determine what factors contribute to a good functional outcome 5/10 years after hip arthroscopy.
- To determine the inter-rater and intra-rater agreement of the Kellgren and Lawrence OA score.
- To determine patient satisfaction 5-10 years after hip arthroscopy.

# **Study description**

## **Background summary**

A common cause of hip joint pain in the young and active population is femoroacetabular impingement (FAI) syndrome. If FAI is left untreated, the changed morphology will have a negative effect on the existing joint and will contribute to the development of osteoarthritis. Hip arthroscopy is the first choice of operative treatment for FAI. While hip arthroscopy improves the patient reported outcome measures (PROMs), the influence of this treatment on the contribution to the development of osteoarthritis after FAI is to the best

of our knowledge still unknown.

## **Study objective**

To evaluate the degree of osteoarthritis 5 to 10 years after a hip arthroscopy in comparison with the non-operative side.

## Study design

Expansion of a prospective cohort study.

## Study burden and risks

All patients will be asked to visit the hospital once. During the visit, patients will have to complete questionnaires and one radiograph will be made.

## **Contacts**

#### **Public**

Reinier de Graaf Groep

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#### Scientific

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- Patient who participated in the cohort study;
- At least 5 years of follow up;
- Patient is able to understand the meaning of the study and is willing to sign the Informed Consent Form.

## **Exclusion criteria**

- Patient who has had hip arthroscopy of both sides;
- Patient is unable or unwilling to sign informed consent.
- Patient who is pregnant

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Completed

Start date (anticipated): 17-05-2024

Enrollment: 451

Type: Actual

# **Ethics review**

Approved WMO

Date: 08-04-2024

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL86221.058.24