

# Bruxism and temporomandibular disorders in patients with Parkinson\*s disease

Published: 25-01-2024

Last updated: 02-12-2024

Primary Objective: to investigate the prevalence of bruxism and TMD in PD patients through objective measurements. Secondary Objectives: to identify factors associated with the presence of TMD or bruxism in a PD population.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Muscle disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON56565

### Source

ToetsingOnline

### Brief title

Parkinson's disease, bruxism and TMD

### Condition

- Muscle disorders
- Movement disorders (incl parkinsonism)

### Synonym

temporomandibular disorders; bruxism

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Centrum Tandheelkunde Amsterdam (ACTA)

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Bruxism, Parkinson's disease, Temporomandibular disorder

## Outcome measures

### Primary outcome

Main study parameters/endpoints: the primary study parameters are the presence of bruxism, and a TMD diagnosis, according to the Diagnostic Criteria for TMD.

### Secondary outcome

The following variables will be evaluated: Medication (viz., Levodopa Equivalent Daily Dose (LEDD)), pain (viz., pain severity), psychosocial symptoms (viz., depression, apathy, anxiety, psychotic, impulse control, somatic symptoms), brain function (viz., cognitive function, presynaptic dopaminergic loss), disease progression (viz., disease stage, disease severity), sleep (viz., quality of sleep, REM sleep behaviour disorder, OSAS) and quality of life.

## Study description

### Background summary

Earlier research shows that there might be a connection between Parkinson's disease on one hand and teeth grinding, teeth clenching, and jaw joint issues on the other hand. The symptoms that can arise from these conditions can very inconvenient for patients. The knowledge from this research can assist dentists in providing personalized care to patients with Parkinson's disease who experience teeth grinding, teeth clenching, and or TMD problems, thereby contributing to an improved quality of life.

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### Study objective

Primary Objective: to investigate the prevalence of bruxism and TMD in PD patients through objective measurements.

Secondary Objectives: to identify factors associated with the presence of TMD or bruxism in a PD population.

## **Study design**

Study design: Observational case-control study design.

## **Study burden and risks**

During an appointment with the neurologist, patients will be informed about the study. A few days later they will be called by the investigator with the question if they want to participate. Participants will fill out a research questionnaire ( $\pm 30$  min) and be examined clinically ( $\pm 20-60$  min). Subsequently, all eligible patients will be asked to sleep for 5 nights with a one-channel EMG mobile device (Butler GrindCare®) at home, and to keep a diary for 7 days during wakefulness, to confirm the diagnosis of bruxism. Clinical examination will take place at Academic Centre of Dentistry Amsterdam (ACTA) or at Amsterdam UMC, according to the preferences of the participants. Short-term risks of the clinical examination include possible mild muscle pain and fatigue in the masticatory muscles. This will be minimized through short intermissions when needed. In addition, in some patients, the gel pad of the Butler GrindCare® can cause reversible skin irritation. There are no long-term risks associated with this study. Patients with a pacemaker or Deep Brain Stimulator (DBS) cannot use the Butler GrindCare® and are excluded for that part of the study.

## **Contacts**

### **Public**

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### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Patients who fulfil the clinical diagnostic criteria for PD.
- Adults (>18 years old)

### Exclusion criteria

- Children or adolescents (<18 years old)
- Patients with a pacemaker or DBS (only excluded for using Butler GrindCare®)
- Montreal Cognitive Assessment (MoCA) score <18

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Basic science

## Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 31-05-2024  
Enrollment: 470  
Type: Actual

## Ethics review

Approved WMO  
Date: 25-01-2024  
Application type: First submission  
Review commission: METC Amsterdam UMC  
Approved WMO  
Date: 24-09-2024  
Application type: Amendment  
Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL84981.018.23