# Effectiveness of local treatment for onychomycosis

Published: 26-08-2019 Last updated: 15-05-2024

To study the effect of local antifungal treatment of the toenails

Ethical review Approved WMO

**Status** Recruitment stopped

Health condition type Skin appendage conditions

Study type Interventional

# **Summary**

#### ID

NL-OMON52904

#### **Source**

ToetsingOnline

#### **Brief title**

Local onychomycosis treatment

#### **Condition**

Skin appendage conditions

#### **Synonym**

fungal infection of the nail

#### **Research involving**

Human

## **Sponsors and support**

Primary sponsor: Leids Universitair Medisch Centrum

Source(s) of monetary or material Support: Fonds Alledaagse Ziekten

#### Intervention

**Keyword:** amorolfine, miconazole, onychomycosis

#### **Outcome measures**

#### **Primary outcome**

Cure of the index nail after 26 weeks with miconazole or amorolfine compared with non-active laque

#### **Secondary outcome**

- percentage of healing (percentage and onycho severity index)
- quality of life
- side-effects
- difference in effect between the three intervention groups

# **Study description**

#### **Background summary**

Fungal infections of the toenails are frequently seen by patients and doctors. It is unknown what the effectiveness is of local antifungal therapy.

#### Study objective

To study the effect of local antifungal treatment of the toenails

#### Study design

Randomised controlled clinical trial

#### Intervention

1) Miconazole laque, 2) Amorolfine laque, 3) Laque without antifungal effect (Byte-x).

#### Study burden and risks

The two active substances used for this trial are approved for sale on the European market for this indication. We do not expect any negative health effects of the interventions. The only side-effects known are local skin

irritation, which disappears after stopping the intervention. Participants are asked to fill in questionnaires three times during the study. We feel that the burden and risks associated with participation are ethically sound.

### **Contacts**

#### **Public**

Leids Universitair Medisch Centrum

Albinusdreef 2 Leiden 2300RC NL

**Scientific** 

Leids Universitair Medisch Centrum

Albinusdreef 2 Leiden 2300RC NL

## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years)

#### Inclusion criteria

- age between 18 and 70
- onychomycosis of one to three townails (per foot)
- between 10% and 75% affected area of the nail
- matrix of the nail not involved
- no 'spikes' of the affected nail

#### **Exclusion criteria**

- pregnancy or breast feeding
- not able to give informed consent
- diabetes
- peripheral vascular disease
- malignancy
- mycosis of the whole foot
- allergy to components of the treatments
- use of vitamin K antagonists, oral glucose lowering medication, phenytoin.
- oral treatment with antifungal medications in the past half year

# Study design

## **Design**

Study phase: 4

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Active

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 10-02-2020

Enrollment: 113

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: Amorolfine

Generic name: Loceryl

Registration: Yes - NL intended use

Product type: Medicine

Brand name: ByteX

Generic name: ByteX

Product type: Medicine

Brand name: Miconazole

Generic name: Daktarin

Registration: Yes - NL intended use

## **Ethics review**

Approved WMO

Date: 26-08-2019

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 07-05-2021

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 12-09-2022

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 26092

Source: Nationaal Trial Register

Title:

# In other registers

Register ID

EudraCT EUCTR2019-000335-77-NL

CCMO NL68851.058.19
OMON NL-OMON26092

# **Study results**

Date completed: 17-03-2023

Actual enrolment: 111