# Early Maladaptive Schema\*s and modes in anorexia nervosa compared to bulimia nervosa/binge eating disorder\*

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This study investigates Early Maladaptive Schemas (EMS) and modes in function of eating disorder subtype and behaviour, such as vomiting, laxative misuse, restricting, frequency of

binges and BMI.

**Ethical review** Approved WMO **Status** Recruiting

Health condition type Eating disorders and disturbances

**Study type** Observational invasive

# **Summary**

#### ID

**NL-OMON52191** 

#### Source

ToetsingOnline

#### **Brief title**

EMS and modes in anorexia nervosa

#### **Condition**

Eating disorders and disturbances

#### **Synonym**

Anorexia Nervosa, eating disorder

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Parnassia Bavo Groep (Den Haag)

Source(s) of monetary or material Support: Parnassia groep en TOP GGZ Eetstoornis

Experts Netwerk (ÉÉN)

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#### Intervention

Keyword: anorexia nervosa, early maladaptive schemas, modes, schema theory

#### **Outcome measures**

#### **Primary outcome**

Primary outcome measures are schema\*s, as measured by the Young Schema

Questionnaire (YSQ) and modes, as measured by the Schema Mode Inventory (SMI).

#### Secondary outcome

Secondary outcome measures are eating disorder pathology, measured by the

Eating Disorder Examination Questionnaire (EDE-Q), and body mass index (BMI).

# **Study description**

#### **Background summary**

The aetiology of anorexia nervosa is poorly understood, there is a need for a better understanding of the processes underneath this disorder and for a corresponding theoretical model.

#### Study objective

This study investigates Early Maladaptive Schemas (EMS) and modes in function of eating disorder subtype and behaviour, such as vomiting, laxative misuse, restricting, frequency of binges and BMI.

#### Study design

Patients with anorexia nervosa will be compared with patients with bulimia nervosa/binge eating disorder in a singles measurement point, in order to assess the association between eating disorder subtype and behaviour, and specific schemas and modes.

#### Study burden and risks

It takes about ninety minutes to complete these questionnaires. Assessment of the EDE-Q and BMI are part of the standard procedures at PsyQ, hence not an extra burden associated with participation. No risks are expected to be associated with participation in this study.

## **Contacts**

#### **Public**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adolescents (16-17 years) Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

A DSM-5 diagnosis anorexia nervosa, bulimia nervosa/binge eating disorder or otherwise specified feeding or eating disorder.

Age between 17-65 years

#### **Exclusion criteria**

Patients in an acute state of mental crisis who need direct hospitalization Patients with mental retardation

Patients who cannot complete the questionnaires because of language skills, practical or cognitive limitations

Not willing (or being able) to sign the informed consent form of this study

# Study design

### **Design**

Study type: Observational invasive

Open (masking not used) Masking:

Control: Uncontrolled

Basic science Primary purpose:

#### Recruitment

Start date (anticipated):

NL

Recruitment status: Recruiting 02-11-2021

424 **Enrollment:** 

Actual Type:

# Medical products/devices used

Registration: No

## **Ethics review**

Approved WMO

Date: 30-09-2021

First submission Application type:

METC Amsterdam UMC Review commission:

Approved WMO

Date: 23-11-2022 Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 06-09-2024

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL76821.029.21