# Feeling Hot 2: Evaluating nocturnal erection detection with penile temperature measurements in the search of a modern erectile dysfunction diagnostic tool.

Published: 22-02-2022 Last updated: 05-04-2024

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Sexual dysfunctions, disturbances and gender identity disorders
Study type	Observational non invasive

# Summary

### ID

NL-OMON51838

**Source** ToetsingOnline

**Brief title** Feeling Hot 2

## Condition

- Sexual dysfunctions, disturbances and gender identity disorders
- Penile and scrotal disorders (excl infections and inflammations)

#### Synonym

Erectile dysfunction, erection dysfunction

**Research involving** 

Human

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### **Sponsors and support**

**Primary sponsor:** Sint Antonius Ziekenhuis **Source(s) of monetary or material Support:** Ministerie van OC&W,St. Antonius Ziekenhuis (onderzoeksstichting maastschap urologie)

#### Intervention

Keyword: Erectile dysfunction, Nocturnal erection, Penile temperature, RigiScan

#### **Outcome measures**

#### **Primary outcome**

The main endpoint of the Feeling Hot 2 study is to determine the change in

penile skin temperature and increased duration of (de)tumescence during

nocturnal erections. With these outcomes, the validity of temperature

measurements to detect nocturnal erections can be determined.

#### Secondary outcome

Secondary outcome of the Feeling Hot 2 study combines the results of the

Feeling Hot 1 study. It is studied what differences in bodily skin temperature

exist between nocturnal erections and visually aroused erections. Furthermore,

it is studied whether the reference temperature probe placed on the outer thigh

can compensate for the environmental influences of blankets and clothing.

# **Study description**

#### **Background summary**

Differentiation in nature of erectile dysfunction (ED) is currently made by nocturnal erection detection with the RigiScan. The RigiScan uses outdated software, measurements are user unfriendly and system components are out of stock. In the search of modernizing erectile dysfunctions diagnostics, the question has arisen whether temperature measurements can function as a tool for nocturnal erection detection. With the absence of a pressure component, the patient experience should improve. Literature and mathematical modelling studies have shown that the penile temperature increases significantly during erection. However, no studies have used penile skin temperature measurements to detect nocturnal erections. The Feeling Hot 2 study explores the validity of this measurement set-up in the search of modernizing erectile dysfunction diagnostics.

#### **Study objective**

The objective of the Feeling Hot 2 study is to determine the change in penile skin temperature during nocturnal erections, which will be detected by the RigiScan. Furthermore, the effect of nocturnal erections on the outer thigh skin temperature is determined.

#### Study design

The Feeling Hot 2 study is an observational study with a cross-sectional design.

#### Study burden and risks

The burden for the volunteers will be two visits to the hospital and an overnight measurement at home. Hopsital visits will last approximately 30 minutes. There is no risk associated with participation and usage of the temperature sensors. There is no direct benefit for the healthy volunteers for participating, but the outcomes will help improve ED diagnostics.

# Contacts

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# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years)

#### **Inclusion criteria**

Healthy volunteer without (a history of) erectile dysfunction Male Aged 18 - 29 years

### **Exclusion criteria**

Test subjects who are unwilling to sign informed consent Test subjects with erectile dysfunction IIEF-5 score of below 17 (History of) sickle cell aneamia, atherosclerosis and diabetes type I or II. (History of) REM-sleep behavior disorder or other sleep disorders such as restless legs syndrome, insomnia, and sleep apnea Usage of sleeping pills or benzodiazepines.

# Study design

### Design

Study type: Observational non invasiveMasking:Open (masking not used)Control:UncontrolledPrimary purpose:Diagnostic

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	17-05-2022
Enrollment:	10
Туре:	Actual

#### Medical products/devices used

Generic name:	Ohmeda temperature probe
Registration:	Yes - CE intended use

# **Ethics review**

Approved WMO	
Date:	22-02-2022
Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** ClinicalTrials.gov CCMO ID NCT05183620 NL79969.100.21

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# **Study results**

Date completed:	27-07-2022
Actual enrolment:	10