# The effect of Heat and Moisture Exchangers on tracheal mucociliary clearance in laryngectomized individuals.

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Primary objective is to measure the effect of the use of different HMEs with different fluid exchange, and the effects of changing between HME routines, on the tracheal mucociliary transport in laryngectomered individuals. Secondary objectives are to...

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Lower respiratory tract disorders (excl obstruction and infection)

**Study type** Interventional

# **Summary**

#### ID

**NL-OMON51169** 

#### Source

**ToetsingOnline** 

#### **Brief title**

HME effect on lung clearance

#### **Condition**

Lower respiratory tract disorders (excl obstruction and infection)

#### **Synonym**

Larynx cancer, Larynx removal, Total laryngectomy

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Antoni van Leeuwenhoek Ziekenhuis

Source(s) of monetary or material Support: Unrestricted research grant Atos Medical AB

Zweden

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#### Intervention

**Keyword:** Heat and Moisture Exchanger, Pulmonary function, Total laryngectomy

#### **Outcome measures**

#### **Primary outcome**

Scintgraphy acquisition from which the tracheal mucus transport velocity will

be calculated

#### **Secondary outcome**

Tally sheets

CASA-Q

# **Study description**

#### **Background summary**

The aim of the research is to gain more insight into the physiological effects of HME-routines with different fluid exchange, and the effects of changing between HME routines, on the tracheal climate after total laryngectomy. It is hypothesized that there is a positive relationship between the fluid exchange of an HME and the mucociliary transport in laryngectomees. This study could provide a basis for new developments in HMEs to further reduce airway problems in laryngectomized people.

### **Study objective**

Primary objective is to measure the effect of the use of different HMEs with different fluid exchange, and the effects of changing between HME routines, on the tracheal mucociliary transport in laryngectomered individuals. Secondary objectives are to investigate the relationship between the tracheal mucociliary transport, the clinical data on (experienced) lung complaints and HME type and to develop a gold standard to test the HME effect on mucociliary clearance.

### Study design

To investigate the effect of HME use of different HME types with different fluid exchange on the tracheal climate in vivo, 20 total laryngectomees will be

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asked to use three different types of HMEs (1 control HME and 2 intervention HMEs with different fluid exchange activity), each during two weeks, in combination their normal daily routine for confirming these HMEs. For this study, the participants have to come to the hospital three times (duration per visit: 1.5 hours). During the first visit, a tally sheet and CASA-Q questionnaire is filled out (about experienced lung complaints) and a baseline scintigraphy acquisition is made. Thereafter, the participant will return for a scintigraphy acquisition two more times, each after a period of two weeks in which they use a different type of intervention HME. Based on this scintigraphy acquisition, the mucociliary transport of mucus can be determined, thus quantifying the effect of the different HME types on the tracheal climate. In addition to the scintigraphy acquisitions, as a clinical outcome measure, participants will be asked to record the frequency of coughing and coughing up phlegm on a tally sheet and CASA-Q after each two-week period for 48 hours.

#### Intervention

Three different types of HMEs can be used (1 control HME and 2 intervention HMEs with different moisture exchange effect)

#### Study burden and risks

Participants may experience more mucus / coughing through the use of the HME intervention

### **Contacts**

#### **Public**

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#### Scientific

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- Laryngectomized patient
- 18 years or older
- Daily HME user
- At least 6 months post-surgery
- Stable pulmonary condition
- Be proficient in Dutch
- Signed informed consent

#### **Exclusion criteria**

- Medical problems prohibiting the use of HME
- Active recurrent or metastatic disease or lung cancer
- Clinical signs of pulmonary or tracheal infection less than 6 weeks prior to study participation
- Inability of lying still in supine position during 45 minutes
- Use of short-acting bronchodilators less than six hours prior to study
- Use of long\*acting bronchodilators less than twenty four hours prior to the study

# Study design

### **Design**

Study type: Interventional

Intervention model: Crossover

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 28-10-2021

Enrollment: 20

Type: Actual

### Medical products/devices used

Generic name: Heat and Moisture Exchanger

Registration: Yes - CE intended use

# **Ethics review**

Approved WMO

Date: 15-06-2021

Application type: First submission

Review commission: METC NedMec

# Study registrations

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

**Register** CCMO

ID

NL76014.031.20