# **Confocal IAser EndomicroScopy in** patients with non-resolving Acute Respiratory failure

Published: 02-02-2021 Last updated: 08-04-2024

To identify the characteristics on CLE images of the alveolar compartment in mechanically ventilated COVID19 patients with non-resolving acute respiratory failure.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Lower respiratory tract disorders (excl obstruction and infection)
Study type	Observational invasive

# Summary

### ID

NL-OMON51162

**Source** ToetsingOnline

Brief title CAESAR

### Condition

• Lower respiratory tract disorders (excl obstruction and infection)

#### Synonym

acute respiratory distress syndrome, non resolving acute respiratory insufficiency in mechanically ventilated patients

#### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum **Source(s) of monetary or material Support:** Ministerie van OC&W,MaunaKea Technologies, Paris, France

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### Intervention

**Keyword:** Acute respiratory insufficiency, Confocal laser endomicroscopy, COVID19, Mechanically ventilated

### **Outcome measures**

#### **Primary outcome**

identification of specific CLE patterns of the alveolar compartment of COVID 19

invasivally ventilated patients

#### Secondary outcome

-Description of how CLE patterns change over time within the same patients

- Descriptive correlation of CLE patterns with Chest CT
- Descriptive correlation of CLE patterns with lung ultrasound
- Descriptive correlation of CLE patterns with cytology from bronchoalveolar

lavage

- -Descriptive correlation of in vivo CLE patterns with histology (when available)
- -Descriptive correlation of ex vivo CLE images with histology (when available)

-Time of procedure

- Proportion of successful imaging of alveolar compartment

# **Study description**

#### **Background summary**

Acute respiratory distress syndrome (ARDS) is an infrequent but severe complication of COVID 19. The clinical syndrome of ARDS form a heterogeneous group of patients with varying underlying pathophysiology, of which some develop pulmonary fibrosis. COVID 19 patients with ARDS might even be more prone to developing fibrosis due to prolonged need for mechanical ventilation. Identification of patients with fibrotic changes in an early stage might influence therapeutic management, but is challenging using current diagnostics.

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The innovative probe-based imaging techniques \*Confocal Laser Endomicroscopy\* (CLE) is a high-resolution optical technique that, combined with conventional bronchoscopy, has been found to provide real-time, near-histology information about the alveolar compartment in both non-ventilated and (intubated) critically ill patients.

#### **Study objective**

To identify the characteristics on CLE images of the alveolar compartment in mechanically ventilated COVID19 patients with non-resolving acute respiratory failure.

#### Study design

investigator-initiated, observational study in 15 mechanically ventilated critically ill patients with non-resolving acute respiratory failure.

### Study burden and risks

Patients in this study will not benefit from participation. There is little to no burden related to study participation. Bronchoscopy with bronchoalveolar lavage (BAL) is part of the standard diagnostic clinical care. For study purposes, the clinically indicated bronchoscopy with be combined with CLE imaging in the same session. This lengthens the standard procedure with 2 to 4 minutes. Since ICU patients are sedated as a part of standard ICU care, patients will be unaware of the CLE imaging. Adverse events are not expected based on our own CLE experience in ARDS patients and interstitial lung disease (ILD) patients which is in concordance with the literature, where bronchoscopy combined with probe-based optical techniques in non-ventilated patients was reported to be safe, easy to perform and little time-consuming, without adverse events. In conclusion, in our opinion the burden and risks associated with the additional probe based optical technique measurements are negligible.

# Contacts

**Public** Academisch Medisch Centrum

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# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

\*18 years of age
Non-resolving acute respiratory failure mandating a standard diagnostic bronchoscopy with broncho-alveolar lavage

# **Exclusion criteria**

Inability and willingness to provide informed consent by family-members
 -ECMO

- Inability to comply with the study protocol

# Study design

# Design

Study type: Observational invasiveMasking:Open (masking not used)Control:UncontrolledPrimary purpose:Diagnostic

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# Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	03-03-2021
Enrollment:	15
Туре:	Actual

# **Ethics review**

02-02-2021
First submission
METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register CCMO ID NL76007.018.20