

# Clinical validation of physical activity measured by the Vital Signs Monitoring System in a controlled environment

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The main objective of this study is to validate the accuracy of the device to monitor the physical activity of a subject by comparing the measured values to the golden standard (video recording).

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Completed
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON50401

### Source

ToetsingOnline

### Brief title

Clinical validation of physical activity monitoring

### Condition

- Other condition

### Synonym

n/a

### Health condition

n.v.t.

### Research involving

Human

## Sponsors and support

**Primary sponsor:** FastFocus B.V.

**Source(s) of monetary or material Support:** FastFocus B.V.

## Intervention

**Keyword:** medical device, monitoring, physical activity, wireless

## Outcome measures

### Primary outcome

The primary outcome is the bias and precision of total time spend on one activity/posture (per activity/posture), number of steps, number of transitions, motion intensity, and main activity per minute as determined by the device under test compared to the golden standard. The activities and postures that can be discriminated between are lying, standing/sitting, walking, stair walking, and bending.

### Secondary outcome

N/A

## Study description

### Background summary

Low physical activity is common during hospital stays. It has been shown that this can increase hospital-related complications and that it can be associated with functional decline after discharge of the hospital. Healthcare professionals can stimulate patients to be more physical active. To provide healthcare professionals with an objective method to monitor physical activity in the hospital, FastFocus developed its second generation of a wireless monitoring system, the Vital Signs Monitoring System. This wearable device combines physical activity monitoring with the monitoring of vital signs (pulse rate, respiratory rate, and oxygen saturation) and is, therefore, feasible to be used on ambulant patients in a healthcare environment. We want to validate the accuracy of the Vital Signs Monitoring System in monitoring the various

parameters related to physical activity, which are based on accelerometry. This is essential to assure its accuracy before bringing the device to the market.

### **Study objective**

The main objective of this study is to validate the accuracy of the device to monitor the physical activity of a subject by comparing the measured values to the golden standard (video recording).

### **Study design**

This study is a method-comparison study in a controlled environment. Healthy volunteers will perform different prescribed activities for approximately 20 minutes while being monitored by two different methods.

### **Study burden and risks**

The hardware that is used is identical to the first-generation wireless monitoring system of FastFocus, Wireless Patient Monitoring System, that is CE marked as a medical device. Activities that must be performed by the subject are normal day activities, like sitting and walking. The subject needs to spend about 30 minutes to participate in the study. Hence, it is concluded that the risk and burden for the subject are negligible.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Adult (> 18 years)

Physically able to perform the specified activities

### Exclusion criteria

Inability to give informed consent

Pregnant or breastfeeding

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

### Recruitment

NL

Recruitment status: Completed

Start date (anticipated): 04-01-2022

Enrollment: 20

Type: Actual

## Medical products/devices used

Generic name: Vital Signs Monitoring System  
Registration: No

## Ethics review

Approved WMO  
Date: 03-11-2021  
Application type: First submission  
Review commission: METC NedMec

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL78761.000.21

## Study results

Date completed: 18-01-2022  
Results posted: 27-12-2022

**First publication**  
14-11-2022