# Deep learning based MR Only Radiotherapy for head-and-neck cancer

Published: 09-03-2020 Last updated: 07-12-2024

Primary objective: to acquire patient data required to optimize/train a method to generate synthetic CT scans from MRI scans and to determine the suitability of the synthetic CT scans for radiotherapy treatment planning.Secondary objective: To...

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Other condition
Study type	Observational non invasive

# Summary

### ID

NL-OMON49217

**Source** ToetsingOnline

Brief title Deep MR Only RT

### Condition

• Other condition

## Synonym

head and neck cancer

#### **Health condition**

hoofd-hals kanker

**Research involving** Human

### **Sponsors and support**

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam **Source(s) of monetary or material Support:** EIT Health (EU) projectnummer 19037

### Intervention

Keyword: Artificial intelligence (AI), Deep learning, MR only, Radiotherapy

### **Outcome measures**

#### **Primary outcome**

Primary: the percentage of patients in the validation cohort for which the

dosimetrical accuracy is within tolerance for at least 80% of the organs and

targets when the synthetic CT is used for dose calculations.

#### Secondary outcome

Secondary: the percentage of patients in the validation cohort that meet for

80% of the organs the criteria for contouring accuracy, namely that 80% of the

contour points need to be within 2 mm from the gold standard contours.

# **Study description**

#### **Background summary**

In the Netherlands about 3000 patients are diagnosed with head-and-neck cancer each year of which the majority is treated with (chemo)-radiotherapy. As part of the preparation of the radiotherapy treatment, both a CT scan and a MRI scan are acquired of the patient in treatment position. The MRI scan is acquired to clearly depict and delineate the tumor while the CT scan is necessary to plan the radiotherapy treatment beams. The current preparation procedure has a couple of disadvantages. First, two patient appointments are required for the CT and MRI scan. Second due to unavoidable slight variations in patient position at the time of the CT and MRI, both scans need to be registered. Any misalignment in registration is at the expense of the treatment accuracy. Third, delineation of the organs at risk is a tedious manual process that can takes hours per patient. Within a European consortium funded by EIT Health we are developing a special type of MRI sequence that can be used to create a synthetic CT scan. We hypothesize that using this synthetic CT it will no longer be necessary to acquire a separate CT, avoiding the problems stated above. Moreover the consortium develops automated tools for contouring based on deep learning that could be used to automatically delineate organs at risk, possibly saving considerable preparation time.

#### **Study objective**

Primary objective: to acquire patient data required to optimize/train a method to generate synthetic CT scans from MRI scans and to determine the suitability of the synthetic CT scans for radiotherapy treatment planning.

Secondary objective: To evaluate if the deep learning based autocontouring can lead to delineations of organs at risk comparable to those delineated by an expert radiation-oncologist.

#### Study design

Technical feasibility study

#### Study burden and risks

The burden consists of a 15 minutes longer MRI scan time than used in standard workup: 35 minutes instead of 20 minutes scan time. During the scanning, the patients wear the radiotherapy immobilization mask required for the clinical scans. There are no risks associated with the intervention. The study does not affect the treatment.

# Contacts

**Public** Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr.Molewaterplein 40 Rotterdam 3015GD NL **Scientific** Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr.Molewaterplein 40 Rotterdam 3015GD NL

3 - Deep learning based MR Only Radiotherapy for head-and-neck cancer 23-06-2025

# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

-Patients with head-and-neck cancer. -Scheduled for primary (chemo)radiotherapy where a MRI scan is part of the standard radiotherapy work up -Written informed consent.

### **Exclusion criteria**

-Having any physical or mental status that interferes with the informed consent procedure. -Contraindications for MRI (e.g. claustrophobia, arterial clips in central nervous system)

# Study design

### Design

Study type: Observational non invasiveMasking:Open (masking not used)Control:UncontrolledPrimary purpose:Other

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	22-04-2020
Enrollment:	60
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	09-03-2020
Application type:	First submission
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** CCMO Other ID NL71668.078.19 NL8167