

# ASICS trial: Avoiding Sentinel lymph node biopsy In select Clinical node negative breast cancer patients after neoadjuvant Systemic therapy

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The primary objective is to evaluate whether SLNB can safely be omitted in breast cancer patients with HER2+ or TN tumors who achieve rCR on MRI after NST. Secondary, quality of life will be assessed in patients with and without SLNB.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Breast neoplasms malignant and unspecified (incl nipple)
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON48085

### Source

ToetsingOnline

### Brief title

ASICS trial

### Condition

- Breast neoplasms malignant and unspecified (incl nipple)
- Breast therapeutic procedures

### Synonym

Breast cancer

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Antoni van Leeuwenhoek Ziekenhuis

**Source(s) of monetary or material Support:** Antoni van Leeuwenhoek

## Intervention

**Keyword:** Axillary lymph nodes, Breast cancer, Neoadjuvant systemic therapy, Sentinel node

## Outcome measures

### Primary outcome

The primary endpoint is axillary recurrence after 5 years. Previous data indicate a 5-year axillary recurrence rate of 1-3% in cN0 patients who underwent NST. An upper margin of 5% axillary recurrences is considered an acceptable extent of clinical non-inferiority.

### Secondary outcome

Secondary endpoints are quality of life (specifically axillary morbidity and level of cancer worry), recurrence free survival (RFS), distant metastasis-free survival, disease-specific survival and overall survival.

## Study description

### Background summary

Axillary staging in clinically node negative (cN0) breast cancer patients with neoadjuvant systemic therapy (NST; i.e. chemo- and immunotherapy), is preferably performed with sentinel lymph node biopsy (SLNB) after NST. The probability of a tumor-positive SLNB post-NST is low. cN0 patients with Human Epidermal growth factor Receptor 2- positive (HER2+) or triple negative (TN) breast cancer who achieve radiologic complete response (rCR) of the breast on MRI, have the lowest probability of a tumor-positive SLNB post-NST (<3%). Omitting removal of axillary lymph nodes in clinically node negative patients does not increase the rate of distant metastases nor breast cancer mortality. Performing SLNB can cause short- and long-term morbidity, reducing quality of life. The additional value of performing SLNB in patients with a very low risk

of tumor-positive axillary lymph nodes should be investigated. Therefore, we designed the ASICS trial: Avoiding Sentinel lymph node biopsy In select Clinical node negative breast cancer patients after neoadjuvant Systemic therapy.

## **Study objective**

The primary objective is to evaluate whether SLNB can safely be omitted in breast cancer patients with HER2+ or TN tumors who achieve rCR on MRI after NST. Secondary, quality of life will be assessed in patients with and without SLNB.

## **Study design**

The ASICS trial (Avoiding Sentinel lymph node biopsy In select Clinical node negative breast cancer patients after neoadjuvant Systemic therapy) is a prospective non-inferiority registration trial investigating the safety of omitting SLNB after NST in cN0 patients with HER2+(hormone receptor [HR] +/-) or TN tumors who achieve rCR on MRI after NST. The primary endpoint is axillary recurrence after 5 years. The important secondary endpoint is quality of life (specifically axillary morbidity and level of cancer worry), measured with the questionnaires EORTC QLQ-BR23 and EORTC QLQ-C30, and the cancer worry score, pre-operative at 6 months and after 1, 3 and 5 years post-operative. If registration of Patient Reported Outcome Measures (PROM), which includes the EORTC-C30 and EORTC-BR23, are integrated in standard care at the Antoni van Leeuwenhoek, PROM data will be used to assess quality of life. cN0 patients with standard care (SLNB) will be asked to participate as control group.

## **Study burden and risks**

Study participants will have the benefit of avoidance of axillary surgery and the complications associated with it (i.e. bleeding, wound infection, paresthesia, numbness, pain, lymphedema and arm movement impairment). The risk of a tumor-positive SLNB within the eligible patients is low (<3%). Moreover, previous studies indicate that omission of removal of axillary nodes in cN0 patients with a very low risk of tumor-positive SLNs after NST should not affect prognosis, as this is mainly determined by tumor biology. Study participants will be monitored yearly for disease recurrence up to 5 years, and will be asked to complete quality of life questionnaires at 5 points in time. It is estimated that completing the questionnaires will take 10 to 15 minutes at a time.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Women, aged  $\geq 18$  years
- Invasive HER2-positive (Hormone receptor +/-) or triple negative breast cancer
- Primary tumor (T), clinical stage T1-3
- Neoadjuvant systemic therapy (NST), at least 3 cycles
- Tumor stage assessed with breast MRI before start NST
- Clinically node negative before start NST (no suspect axillary lymph nodes on ultrasound and FGD-PET/CT, or negative cyto-/histopathology in case of suspect nodes)
- MRI after or during NST shows radiologic complete response
- Written and signed informed consent

## Exclusion criteria

- Primary tumor (T) clinical stage T4
- Patients without ultrasound or FDG-PET/CT pre-NST
- History of breast cancer ipsilateral breast
- Synchronous contralateral breast cancer
- Synchronous metastatic disease

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-10-2019
Enrollment:	340
Type:	Anticipated

## Ethics review

Approved WMO	
Date:	22-11-2019
Application type:	First submission
Review commission:	METC NedMec

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL70898.031.19