# A multi-center, randomized, doubleblind, parallel-group dose-finding study to assess the effect of 3 doses of LIK066 compared to placebo or empagliflozin in type 2 diabetes mellitus patients with heart failure

Published: 25-04-2017 Last updated: 12-04-2024

Main study objective is to find out which dose among three different doses of LIK066 is the most efficacious, safe and well tolerated in type 2 diabetes patients with heart failure. We will also learn which medication is better at managing patients...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Cardiac disorders, signs and symptoms NEC
Study type	Interventional

## **Summary**

#### ID

NL-OMON45545

**Source** ToetsingOnline

Brief title CLIK066B2204

## Condition

- Cardiac disorders, signs and symptoms NEC
- Glucose metabolism disorders (incl diabetes mellitus)

#### Synonym

decompensatio cordis, Diabetes

## Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Novartis **Source(s) of monetary or material Support:** Novartis Pharma B.V. (verrichter/sponsor van het onderzoek)

#### Intervention

Keyword: efficacy, Heart failure, SGLT1 & SGLT2 inhibitors, Type 2 Diabetes

### **Outcome measures**

#### **Primary outcome**

To determine the dose-response signal and assess the dose-response relationship

of 3 doses of LIK066 as measured by the change from baseline in NT-proBNP

relative to placebo after 12 weeks of treatment in T2DM patients with HF.

#### Secondary outcome

1. To evaluate the effect of all LIK066 doses vs placebo at 12 weeks and 36

weeks on:

- Change from BL in glycated hemoglobin (HbA1c)
- Change from BL in fasting plasma glucose (FPG)
- Change from BL in weight
- Change from BL in body composition (bio-impedance in all patients where

appropriate and dual-energy x-ray absorptiometry (DXA) in a subset of patients)

- Change from BL in sitting systolic blood pressure (SBP) and diastolic blood

pressure (DBP)

- Change from BL in the fasting lipid profile and hsCRP
- Change from BL in 24h urinary glucose and sodium excretion, in a subset of

patients

- Change from BL in left atrial size and volume assessed by echocardiography
- Change from BL in NYHA class

2. To evaluate the effect of all LIK066 doses vs empagliflozin at 12 weeks and

36 weeks on:

- Change from BL in HbA1c
- Change from BL in FPG
- Change from BL in weight
- Change from BL in body composition (bio-impedance in all patients where

appropriate and DXA in a subset of patients)

- Change from BL in sitting SBP and DBP
- Change from BL in the fasting lipid profile and hsCRP
- Change from BL in 24h urinary glucose and sodium excretion, in a subset of patients

3. To evaluate the change from BL to 36 weeks in all LIK066 doses vs placebo on NT-proBNP.

4. To evaluate safety (adverse events (AEs) and lab parameters) and tolerability of LIK066 over 12 weeks and over 36 weeks for all patients

5. To evaluate 24h urinary calcium and phosphate excretion after 12 weeks and

after 36 weeks in a subset of patients

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## **Study description**

#### **Background summary**

Diabetes type 2 is a severe condition with increased risk of cardiovascular conditions and its complications such as heart failure. SGLT2 inhibitors are approved for the treatment of type2 diabetes. Since LIK066 is a SGLT1 as well as a SGLT2 inhibitor, it has a double mode of action on kidneys as well as intestines. Moreover, SGLT1 receptors are also located in the heart, where the mode of action is not clear yet. This study will investigatore the effect of SGLT1/2 inhibitor LIK066 on heart failure biomarker NT-proBNP in a population with type 2 diabetes and reduced cardiac function. Also, the glucose-lowering potential of LIK066 will be studied.

#### **Study objective**

Main study objective is to find out which dose among three different doses of LIK066 is the most efficacious, safe and well tolerated in type 2 diabetes patients with heart failure. We will also learn which medication is better at managing patients` blood sugar and heart failure, compared to either empagliflozin or placebo.

#### Study design

This is a multi-center, randomized, double-blind, double-dummy, parallel-group study evaluating the efficacy, safety and tolerability of 3 doses of LIK066 vs placebo and vs empagliflozin in type 2 diabetes patients with heart failure. After the screenings visit, eligible patients will enter the run-in period. After completion of the run-in period, eligible patients will be randomized and treated during 36 weeks. The total duration of the study is max. 40 weeks.

#### Intervention

Treatment with LIK066, Empagliflozine or placebo.

#### Study burden and risks

Risks: Side effects of study medication and burden assessments.

Burden: - Physical exam: 9x

- Length: 1x
- Vital signs: 9x
- Blood tests (fasting): 4x
- Blood tests (non-fasting): 2x
- Daily measurement of blood sugar at home
- Pregnancy test: 4x (if applicable)
- Urine testsk: 6x
- Bioimpedance: 3x
- ECG: 3x
- Echocardiogram: 3x
- Questionnaires (5 items): 5x
- Optional blood- and urine tests: 3x
- Optional DEXA test: 3x

## Contacts

#### Public

Novartis

Raapopseweg 1 Arnhem 6824 DP NL

### Scientific

Novartis

Raapopseweg 1 Arnhem 6824 DP NL

## **Trial sites**

## **Listed location countries**

Netherlands

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

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## **Inclusion criteria**

- \* BMI \* 22kg/m2
- \* Type 2 diabetes with HbA1c between 6.5% and 10.0%
- \* Documented symptomatic chronic heart failure (NYHA II-IV)
- \* Plasma NT-proBNP > 300pg/ml
- \* eGFR \* 45ml/min/1.73m2 (MDRD)

### **Exclusion criteria**

- \* Pregnant or nursing (lactating) women
- \* Type 1 diabetes, monogenic diabetes, diabetes resulting from pancreatic injury, or secondary forms of diabetes
- \* History of ketoacidosis, lactic acidosis, or hyperosmolar coma
- \* Symptomatic genital infection or UTI within 4 weeks of screening
- \* Myocardial infarction, stroke, surgery for heart disease, percutaneous coronary intervention within 3 months of screening
- \* Unstable angina within 3 months of screening
- \* Isolated right HF due to pulmonary disease
- \* Patients with a mean sitting systolic blood pressure \* 100mmHg, at randomization

## Study design

### Design

Study phase:	2
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	08-01-2018

Enrollment:	22
Туре:	Actual

## Medical products/devices used

Medicine
Jardiance
Empagliflozin
Yes - NL intended use
Medicine
LIK066
LIK066

## **Ethics review**

Approved WMO	
Date:	25-04-2017
Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	29-06-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	25-07-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	23-08-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	15-09-2017

Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	18-10-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	19-10-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	09-11-2017
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	08-01-2018
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	16-03-2018
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	31-05-2018
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** EudraCT ClinicalTrials.gov CCMO ID EUCTR2016-003084-19-NL NCT03152552 NL60488.100.17