# The external hip rotator muscles after total hip replacement with the direct anterior approach A pilot study

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The purpose of our pilot study is to assess the status of the external rotator muscles and tendons of the hip after the DAA, with prospective Magnetic Resonance Imaging (MRI)

**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Joint disorders

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON45014

#### **Source**

ToetsingOnline

#### **Brief title**

External hip rotator muscles after DAA

#### Condition

- Joint disorders
- Bone and joint therapeutic procedures

#### Synonym

external rotators hip, short rotator muscles of the hip joint.

#### Research involving

Human

### **Sponsors and support**

Primary sponsor: HagaZiekenhuis

1 - The external hip rotator muscles after total hip replacement with the direct ant ... 12-06-2025

**Source(s) of monetary or material Support:** mede door ziekenhuis / onderzoeksbudget afdeling orthopedie en radiologie

#### Intervention

**Keyword:** anterior approach, hip, prosthesis, rotators

#### **Outcome measures**

#### **Primary outcome**

The main study parameter is assessing abnormalities of the external hip rotators on MRI by describing dehiscence of one or more tendons and grading muscle fatty atrophy.

#### **Secondary outcome**

To assess if the intraoperative estimated external rotator tendon release corresponds to postoperative abnormalities of the external rotators on MRI

To assess if there is a relation between external rotator abnormalities on MRI and postoperative hip function (including external rotation force) and pain symptoms (measured using questionnaires).

## **Study description**

#### **Background summary**

The Direct Anterior Approach (DAA) is the standard approach for total hip replacement in our the Haga Hospital. This approach has rapidly gained popularity over the last decade because it is the approach that causes least muscle or tendon damage in comparison to other approaches to the hip. Nevertheless, for correct placement of the femur stem of the total hip prosthesis, soft tissue release at the proximal femur is needed. Ideally only the hip joint capsule is partially released from the greater trochanter, and this regrows in the first 6 weeks after the operation. But due to the close proximity of the capsule and the insertion of the five external hip rotator

tendons at the greater trochanter, some of these tendons may also be detached. When released, these tendons are not repaired at the end of the procedure. It is unknown whether these tendons reattach to their insertion site, whether and to which extent muscle atrophy results, nor whether such atrophy, if present, has functional consequences for the patient.

#### Study objective

The purpose of our pilot study is to assess the status of the external rotator muscles and tendons of the hip after the DAA, with prospective Magnetic Resonance Imaging (MRI)

#### Study design

Observational pilot study

#### Study burden and risks

Estimated MRI scanning time is 30 minutes. Possible risks for the participants are negligible, since MRI contains no radiation. Patients could get claustrophobic. When this occur the scan is stopped immediately and the patient will be excluded for the remaining study.

## **Contacts**

#### **Public**

HagaZiekenhuis

Sportlaan 600 Den Haag 2566 MJ NL

#### **Scientific**

HagaZiekenhuis

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Age > 18 years
Scheduled for uncemented total hip replacement with Direct Anterior Approach
Informed consent

#### **Exclusion criteria**

Medical condition that is a contra-indication for MRI, e.g. pacemaker, ICD, cochlear implants or claustrofobia

Mental disabilities

Language barrier

Previous hip surgery

Hip replacement with another approach than the DAA (direct lateral or posterolateral approach)

Hip prosthesis for treatment of hip fracture

Cemented hip prosthesis

Osteoarthritis of contralateral hip

Osteoarthritis of the knee

Inability to flex hip and knee 90 degrees (for external rotation force measurement).

## Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

4 - The external hip rotator muscles after total hip replacement with the direct ant ... 12-06-2025

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 31-08-2016

Enrollment: 23

Type: Actual

## **Ethics review**

Approved WMO

Date: 14-03-2016

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 15-08-2016

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 26-06-2017

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL53707.098.15