

# Platelet reactivity and formation of platelet-monocyte complexes in patients with chronic obstructive pulmonary disease (COPD)

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Objective: To compare platelet reactivity and formation of platelet-monocyte complexes between patients with COPD and age-matched controls and to relate this to systemic inflammation.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Coronary artery disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON42526

### Source

ToetsingOnline

### Brief title

COPD reactivity

### Condition

- Coronary artery disorders
- Bronchial disorders (excl neoplasms)
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

### Synonym

COPD chronic obstructive pulmonary disease

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Longziekten

**Source(s) of monetary or material Support:** Longfonds

## Intervention

**Keyword:** Cardiovascular risk, COPD, Platelets, reactivity

## Outcome measures

### Primary outcome

Parameters are platelet reactivity (platelet expression of the platelet activation marker CD62P (P-selectin) and activated fibrinogen receptor ( $\alpha\text{IIb}\beta 3$ ) upon stimulation with different platelet agonists), platelet-monocyte complexes, soluble markers of platelet activation and inflammatory cytokines and the relation of platelet activation to GOLD classification, exacerbation rate, smoking and lung function.

### Secondary outcome

See primary outcomes.

## Study description

### Background summary

Rationale: Patients with chronic obstructive pulmonary disease (COPD) are at increased risk of cardiovascular disease (CVD). Exacerbations increase this risk further and prevalence of CVD increases with COPD severity. Patients with COPD have increased baseline levels of systemic inflammation and systemic inflammation this is thought to play an important role in platelet activation. Platelet activation leads to platelet aggregation and formation of platelet-monocyte complexes an early process in thrombosis. So far, no studies have focused on platelet reactivity, a marker of platelet responsiveness and functionality, and their relation to inflammatory cytokines in patients with COPD. We hypothesise that platelet activation in COPD is caused by low grade systemic inflammation and that platelets are hyper responsive upon stimulation,

a possible risk factor for CVD.

### **Study objective**

Objective: To compare platelet reactivity and formation of platelet-monocyte complexes between patients with COPD and age-matched controls and to relate this to systemic inflammation.

### **Study design**

Observational cohort study.

### **Study burden and risks**

Participation in this study involves a maximum of one extra venipuncture during a regular visit to the outpatient clinic. Blood drawn before a diagnostic maximum exercise cycle test requires no extra venipuncture. Amount of blood drawn is 19.5 mL. The burden and risks are minimal and venapuncture is generally considered safe.

## **Contacts**

### **Public**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

In order to be eligible to participate in this study the COPD subjects must meet all of the following criteria:

- >40 years
- Bronchus obstruction detected by spirometry: FEV1/FVC ratio < 70% and postbronchodilatory FEV1<80% (COPD Gold II-IV) and clinical diagnosis confirmed by a pulmonologist.
- >=10 pack years of smoking

### Exclusion criteria

- Use of aspirin or other platelet function inhibitors
- Asthma
- Chronic inflammatory diseases, such as rheumatoid arthritis, psoriasis, inflammatory bowel diseases , systemic lupus erythematosus (SLE)
- Malignancies

Regarding the control subjects the inclusion criteria described above do not apply, however the exclusion criteria do apply.

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)

**Primary purpose:** Basic science

### Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	12-10-2015
Enrollment:	50
Type:	Actual

## Ethics review

Approved WMO	
Date:	28-07-2015
Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL53202.091.15