# RadioStereometric Analysis of the Plus orthopedics SL-MIA stem and the SL-stem, a randomised controlled trial.

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Objective: non-inferiority in fixation of the SL-PLUS MIA compared to the traditional SL-Plus stem and superiority of the SL-PLUS MIA in terms of bone and muscle preservation and thereby increased patient satisfaction and outcome as measured by PROM...

**Ethical review** Approved WMO

**Status** Pending

**Health condition type** Joint disorders **Study type** Interventional

# **Summary**

#### ID

NL-OMON42137

## Source

**ToetsingOnline** 

#### **Brief title**

RSA of the SL-MIA Plus and SL-Plus stem, a RCT

#### **Condition**

- Joint disorders
- Bone and joint therapeutic procedures

#### **Synonym**

Coxarthrosis, Osteo-arthritis of the hip, painful worn hipjoint

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Deventer Ziekenhuis

Source(s) of monetary or material Support: Deventer Ziekenhuis, Smith & Nephew,

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Inc, Stichting Pon

#### Intervention

Keyword: RadioStereometric Analysis RSA, SL Plus, SL-MIA Plus, Zweymüller

#### **Outcome measures**

## **Primary outcome**

Main study parameters/endpoints: The primary endpoint will be implant migration after two years. Migration will be measured by RSA.

## **Secondary outcome**

Secondary endpoints will be bone density alteration measured by DEXA scan,
HOOS scores over time, postoperative pain, patient satisfaction, length of
hospital stay.

# **Study description**

## **Background summary**

Rationale: The (Zweymüller) SL-Plus stem produced by Plus Orthopedics (Smith & Nephew) has an excellent long term survival of 95% at 15 years with revision for aseptic loosening. However the bulky geometry of the stem impedes minimal invasive surgery. Slight alterations in design has resulted in the SL-PLUS MIA (Minimal Invasive Arthroplasty) which is more suitable for less invasive surgery facilitating in less peroperative bone loss and lesser amount of muscle damage. Primary fixation of the SL-Plus and SL-PLUS MIA is achieved by distal press fit fixation of the stem during implantation. The proximal hydroxyapatite coating of the SL-PLUS MIA stem assists bony ingrowth resulting in secondary stability.

## **Study objective**

Objective: non-inferiority in fixation of the SL-PLUS MIA compared to the traditional SL-Plus stem and superiority of the SL-PLUS MIA in terms of bone and muscle preservation and thereby increased patient satisfaction and outcome as measured by PROM\*s.

## Study design

Study design: randomised controlled trial

## Intervention

Intervention: after informed consent patients are randomised in one of two groups. One group receives the currently used traditional SL-Plus stem and the other group receives the SL-PLUS MIA-stem. Each group will contain 30 patients. A \*Hardinge\* approach of the hip is used in both groups.

## Study burden and risks

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: The burden of participation in this trail will be the specialized RSA X-rays at follow up, clinical follow up with PROM\*s and the DEXA scan until 2 years after the total hip arthroplasty. The amount of exposure to radiation will be slightly higher but of no clinical consequence.

## **Contacts**

#### **Public**

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#### Scientific

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- Patients with primary osteoarthritis of the hip with an indication for total hip arthroplasty.
- Age 50 to 80
- ASA 1 and 2
- unilateral coxartrhosis
- Informed consent of patient
- Initial willingness to comply with the post-operative review program

## **Exclusion criteria**

- Ability to comply to the postoperative investigational program
- THA or osteosynthesis on the contra lateral hip (not suitable as reference during DEXAscan)
- Expectation that the contra lateral hip also needs a THA within a year
- THA because of fracture
- Prior surgery on effected hip
- Revision arthroplasty
- Acute or chronic infections (local or systemic)
- Metabolic diseases of the bone
- Diseases of the muscular, nervous, or vascular systems that seriously will involve the mobility of the patient after a THA
- Femora with structural defects or poor bone quality affecting the stability of the prosthesis
- Any concomitant disease which may endanger the implant\*s function
- Patients with rheumatic, renal, hepatic or gastrointestinal disease and patients using medication that interferes with mineral metabolism (i.e. treatment for osteoporosis or long-term steroid therapy).

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

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Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-01-2016

Enrollment: 60

Type: Anticipated

# **Ethics review**

Approved WMO

Date: 21-08-2015

Application type: First submission

Review commission: METC Isala Klinieken (Zwolle)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL51323.075.14