# Development of Tools (and prediction rules) to time and select therapy in treatment of pre-clinical, early and established Rheumatoid Arthritis: Creating Enhanced Remedy (TRACER): established reumatoid arthritis

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to combine and validate diagnostic tests for the prediction of clinical response to therapy with biologics in patients with reumatoid artritis.

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeAutoimmune disordersStudy typeObservational non invasive

# **Summary**

#### ID

NL-OMON39156

#### Source

ToetsingOnline

#### **Brief title**

TRACER/ESRA

#### Condition

- Autoimmune disorders
- Joint disorders

#### **Synonym**

rheumatoid arthritis

#### Research involving

### **Sponsors and support**

**Primary sponsor:** The Center of Translational Molecular Medicine

Source(s) of monetary or material Support: Stichting: Centre of Translational and

Molecular Medicine

#### Intervention

**Keyword:** arthritis, biological, prediction, rheumatoid

#### **Outcome measures**

#### **Primary outcome**

Response to treatment with biologics in patients with RA, based on EULAR and

ACR response criteria.

Prediction of response via in vitro assays

- 1) ACPA profiling
- 2) cytokine, chemokine and adipokine profiling
- 3) (epi) genetic profiling

#### **Secondary outcome**

Cost effectiveness of (combinations of) in vitro tests in predicting response

to biological treatment compared to existing tests such as RF and aCCP

# **Study description**

#### **Background summary**

Rheumatoid arthritis (RA) is a heterogenous disease in which joint inflammation leads to structural irreversible joint damage, with as a consequence disability and serious loss of quality of life. Early timing of treatment is essential for the final outcome and therefore an early diagnosis is crucial.

#### Study objective

to combine and validate diagnostic tests for the prediction of clinical response to therapy with biologics in patients with reumatoid artritis.

#### Study design

We will conduct an observational study for 3-4 mo. Patients will be evaluated at 3 timepoints: at timepoint 0 and 3-6 weeks and 3-4 months after start with biological treatment. At these timepoints a physical examination of the joints will be performed. Furthermore the patient will receive three questionnaires and blood will be drawn. X-rays of hand and feet will be made at timepoint 0 and yearly after that (latter during routine visits).

At each time point blood will be drawn for clinical purposes (daily practice), such as ESR, blood count, CRP, aCCP and RF (25 ml). For research purposes extra blood will be drawn: at timepoint 0: 2 Paxgene tubes (each 2.5 ml, for RNA), 1 coagulation tube (10 ml, for serum), 2 EDTA tubes (6 ml; for plasma and DNA), 2 heparinetubes (each 10 ml, for PMBCs). Urine will be collected. At the other timepoints: 1 Paxgene tube (2.5 ml), 1 EDTA tube (6 ml), 1 coagulation tube (10 ml) and 2 heparine tubes (each 10 ml). Urine will be collected.

#### Study burden and risks

Patient will be evaluated at 3 timepoints: At these timepoints a physical examination of the joints will be performed. Furthermore the patient will receive three questionnaires and blood will be drawn (+/\_ 45 ml) timepoint. The burden of participation relies mainly on extra blood draws and filling in the questionnaires. Apart from possible small side effects of the blood draw, no risks are involved. Patients do not directly benefit from participation.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Patients with established rheumatoid arthritis who are starting treatment with a biological (anti-TNFa, anti-IL-6, B cel inhibition or anti-costimulatory therapie)

#### **Exclusion criteria**

-patients with another rheumatological disease, that requires treatment with a biological

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 06-02-2014

Enrollment: 300

Type: Actual

# **Ethics review**

Approved WMO

Date: 10-06-2013

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 10-06-2014

Application type: Amendment

Review commission: METC NedMec

Approved WMO

Date: 11-08-2015

Application type: Amendment

Review commission: METC NedMec

Approved WMO

Date: 16-11-2015

Application type: Amendment

Review commission: METC NedMec

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL41030.041.12