# Renal cystic disease in lithium treated patients assessment by MRI and renal ultrasound.

Published: 09-01-2014 Last updated: 22-04-2024

Primary Objective: The main objective of this study is to determine whether MRI and ultrasound are capable to distinguish the existence and extent of microcysts in a Dutch

population of lithium treated patients. Secondary Objective(s): to determine...

**Ethical review** Approved WMO

**Status** Recruitment stopped

**Health condition type** Renal disorders (excl nephropathies)

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON38734

#### Source

ToetsingOnline

#### **Brief title**

Detecting renal cystic disease

#### **Condition**

Renal disorders (excl nephropathies)

#### **Synonym**

microcysts, small renal cysts

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** VUmc

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

Keyword: Lithium, MRI, renal cysts, ultrasound

#### **Outcome measures**

#### **Primary outcome**

The prevalence and a semi-quantitative measurement of the number and size of microcysts in lithium treated patients.

#### **Secondary outcome**

Relation between MRI and ultrasound results \* presence of microcysts \* and clinical parameters (duration of lithium therapy, plasma lithium concentration, baseline plasma creatinine, sodium and potassium concentration and baseline urinary osmolality)

# **Study description**

#### **Background summary**

Lithium therapy is associated with several forms of renal injury, including the development of microcysts. Importantly, these microcysts distinguish lithium treated patients from other patients with renal disease. The microcysts originate from distal and collecting tubules and are localized in both the cortex and the medulla. Up until now these microcysts have been described predominantly in patients with advanced renal disease. Little is known about the stage in witch these microcysts develop and whether an association exists between these microcysts and other symptoms of renal injury

#### Study objective

Primary Objective: The main objective of this study is to determine whether MRI and ultrasound are capable to distinguish the existence and extent of microcysts in a Dutch population of lithium treated patients.

Secondary Objective(s): to determine the relation between

- duration of lithium exposure and renal microcysts
- the presence of LAR and renal microcysts
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- to determine whether number and or extend of microcysts in lithium treated patients is related to duration of lithium therapy.

#### Study design

This is a observational cross-sectional study.

#### Study burden and risks

Subjects will be asked to visit the out-patient clinic once. During this visits, Renal MRI and renal ultrasound will be performed. This is a procedure that takes about 1,5 hour of there time. Since no intravenous contrast is necessary this procedure is not invasive for the subject and of little inconvenience.

Subject may be confronted with incidental findings

## **Contacts**

#### **Public**

**VUmc** 

Boelelaan 1117 Amsterdam 1081HV NL

#### Scientific

**VUmc** 

Boelelaan 1117 Amsterdam 1081HV NL

# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

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Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Inclusioncriteria (patients)

- patients (m/f, age \*18 years) with a bipolar disorder treated with lithium

#### **Exclusion criteria**

- general contra-indications for participation in a trial:
- inability to give informed consent
- pregnancy
- unstable psychiatric condition ;- Inability to undergo MRI.
- standard contra-indications for MR ( in accordance with the hospital protocol), such as the presence of metallic fragments, clips or devices including implantable pacemakers and implantable cardioverter-defibrillators, extreme overweight, claustrophia

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 25-03-2014

Enrollment: 20

Type: Actual

## **Ethics review**

#### Approved WMO

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Date: 09-01-2014

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL45606.029.13