

# Subtalar arthrodesis for post-traumatic osteoarthritis after intra-articular calcaneal fractures

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Bone and joint injuries
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON37636

### Source

ToetsingOnline

### Brief title

Subtalar arthrodesis after calcaneal fractures

### Condition

- Bone and joint injuries
- Fractures
- Bone and joint therapeutic procedures

### Synonym

Heel bone fracture. Joint degeneration.

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Calcaneal fracture, Post-traumatic arthritis, Subtalar arthrodesis

## Outcome measures

### Primary outcome

1. Clinical outcome:

\* American Orthopaedic Foot and Ankle Society Hindfoot Score

\* Foot and Ankle Outcome Score

\* Physical examination foot

2. Radiological assessment:

\* Talocalcaneal alignment and dimension

\* Arthrodesis union

\* Adjacent joint arthritis

3. Dynamic gait analysis

### Secondary outcome

None

## Study description

### Background summary

Despite progresses in surgical treatment and outcome of intra-articular calcaneal fractures, up to 16% of patients require late subtalar joint arthrodesis to alleviate painful posttraumatic osteoarthritis. There is however limited literature on subtalar arthrodesis following operative treatment of calcaneal fractures. Specifically, it is unknown whether this procedure results in adequate pain improvement without progressive adjacent joint arthritis, reversal of pathological gait pattern, correction of any talocalcaneal misalignment, and finally, satisfying clinical and functional outcome.

## **Study objective**

The primary objective is to evaluate clinical hindfoot outcome (e.g. pain, function, alignment) in patients that underwent subtalar joint arthrodesis due to painful post-traumatic subtalar joint osteoarthritis following operative treatment of an intra-articular calcaneal fracture.

We hypothesize that subtalar joint arthrodesis results in painless, satisfying hindfoot function.

Secondarily, the radiological outcome and dynamic gait pattern will be evaluated, by comparing the affected foot to the unaffected contralateral side.

## **Study design**

Follow-up case series

## **Study burden and risks**

Patient burden/risk:

On participation, the patient will visit the outpatient department once (half a day), for:

- \* Conventional radiology (total radiation 0.006 Msv, therefore minimal risk)
- \* Dynamic foot analysis (no risk)
- \* Questionnaire completion and physical examination foot (no risk)

Patient benefit:

- \* Re-examination of operated foot
- \* Possibility to address symptoms/problems
- \* Possibility to initiate treatment if necessary

## **Contacts**

### **Public**

Academisch Medisch Centrum

Meibergdreef 9  
Amsterdam 1105 AZ  
NL  
**Scientific**  
Academisch Medisch Centrum

Meibergdreef 9  
Amsterdam 1105 AZ  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

- \* Age > 18 years
- \* Informed consent
- \* Displaced intra-articular calcaneal fractures (Sanders type II, III and IV)
- \* Initial open reduction and internal fixation by using the extended lateral approach
- \* Isolated subtalar arthrodesis

### **Exclusion criteria**

- \* Calcaneal fractures involving solely the anterior process or pure beak fractures
- \* Initial conservative treatment or primary arthrodesis of the calcaneal fractures
- \* Other than extended lateral approach
- \* Pantalar or triple arthrodesis in the case of arthrodesis

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 13-03-2013

Enrollment: 12

Type: Actual

## Ethics review

Approved WMO

Date: 31-08-2012

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

**In other registers**

Register	ID
CCMO	NL40390.018.12