# Effect of Prucalopride on Gastroesophageal Reflux, Esophageal Motility and Gastric Emptying in healthy volunteers

Published: 02-11-2011 Last updated: 29-04-2024

To asses the effect of Prucalopride on esophageal contraction characteristics and lower esophageal sphincter pressure, gastric emptying and esophageal reflux parameters in healthy male subjects

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Gastrointestinal motility and defaecation conditions
Study type	Interventional

# Summary

### ID

NL-OMON35936

**Source** ToetsingOnline

**Brief title** Effect of Prucalopride on esophagus in healthy volunteers

# Condition

• Gastrointestinal motility and defaecation conditions

**Synonym** Gastroesophageal reflux, heartburn

**Research involving** Human

# Sponsors and support

Primary sponsor: Academisch Medisch Centrum

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### Source(s) of monetary or material Support: Shire, Shire/Movetis

### Intervention

Keyword: GERD, GI Motility disorders, Healthy volunteers, Prucalopride

### **Outcome measures**

### Primary outcome

Number of esophageal reflux episodes during the 24-hr study

### Secondary outcome

Gastric emptying rate (t1/2 emptying time)

Esophageal contraction amplitudes (proximal, middle and distal esophagus)

LES resting pressure

Esophageal acid exposure time (%time pH < 4)

Number of TLESRs

# **Study description**

#### **Background summary**

Treatment of GERD (gastroesophageal reflux disease) fails in a small proportion of patients. As GERD is one of the most prevalent chronic disorders in the Western world, this small proportion of therapy-resistent patients encompasses a substantial part of the patient population and is it important to develope new medication for this population.

The cause of GERD is multifactorial, and a lower low esophageal sphincter (LES) pressure, weak esophageal peristalsis and slow gastric emptying may all play a role.

Prucalopride is a 5-HT4 receptor agonist that stimulates intestinal motility. Prucalopride (Resolor) recently received marketing authorization for the symptomatic treatment of chronic constipation in women in whom laxatives fail to provide adequate relief.

No studies have been performed on the effect of Prucalopride on the human esophageal muscles and its sphincters and no data is present on the effect of Prucalopride on reflux characteristics.

In theory, effects on gastric emptying, esophageal motility and reflux

characteristics could be expected with prucalopride as with treatment with other 5-HT4 receptor agonists, suggesting that Prucalopride may be helpful for the treatment of upper gastrointestinal motility disorders such as GERD and functional dyspepsia

Hypothesis: Prucalopride accelerates gastric emptying and increases esophageal contraction amplitudes and LES pressure and subsequently reduces gastroesohageal reflux.

### **Study objective**

To asses the effect of Prucalopride on esophageal contraction characteristics and lower esophageal sphincter pressure, gastric emptying and esophageal reflux parameters in healthy male subjects

### Study design

Double blind placebo controlled, randomized cross-over design

### Intervention

6 days placebo and 6 days of 4mg prucalopride once daily.

### Study burden and risks

The risks of this study are very minor. Placement of the catheters could be uncomfortable and participation takes time, but this will be compensated by 400 euros by completion of the study.

The radiation exposure of the labeled pancake is very small; it consists of less than the natural annual radiation what is allowed per year for the Duch population.

# Contacts

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# Listed location countries

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

# **Inclusion criteria**

Written Informed Consent Minimum age 18 years Male gender

# **Exclusion criteria**

Abnormal renal function Surgery of the GI tract other than appendectomy or cholcystectomy Motlity disorders of the GI tract leading to delayed gastric emptying or altered intestinal motility A history of GI complaints Use of any medication with a potential effect on GI motility that can not be stopped for the duation of the study Participation in another study with exposure to radiation in the last year

# Study design

# Design

Study phase:

3

Study type:

Interventional

Intervention model:	Crossover
Masking:	Double blinded (masking used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-07-2012
Enrollment:	20
Туре:	Actual

### Medical products/devices used

Product type:	Medicine
Brand name:	Resolor
Generic name:	Prucalopride
Registration:	Yes - NL outside intended use

# **Ethics review**

Approved WMO	
Application type:	First submission
Review commission:	METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

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# In other registers

**Register** EudraCT CCMO ID EUCTR2011-001870-25-NL NL36606.018.11