# Reasons for induced abortion

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The main objective of this study is to analyze women's decision making processes regarding an unintended pregnancy in order to improve the counseling (in abortion and reproductive health clinics) for these women.

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeAbortions and stillbirthStudy typeObservational non invasive

## **Summary**

### ID

NL-OMON34469

**Source** 

ToetsingOnline

**Brief title** 

Reasons for abortion

## **Condition**

· Abortions and stillbirth

### **Synonym**

abortion, unintented pregnancy

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universiteit Utrecht

Source(s) of monetary or material Support: ZonMw

## Intervention

**Keyword:** Decision-making processes, Induced abortion, Qualitative research, Reasons

## **Outcome measures**

## **Primary outcome**

- Reasons for induced abortion or continuation of pregnancy
- Indicators of doubt during the decision-making process regarding the unintended pregnancy. These indicators may be based on switching between options, ambivalent reasons/considerations, ambivalent feelings and thoughts, explicitly stated doubts, verbal expressions of regret afterwards.
- Women's doubts regarding their decision as noted by abortion doctors and FIOM counselors.

## **Secondary outcome**

Psychosocial functioning (these variables will be assessed in the related study 'Abortion, mental health and wellbeing: A cohort study' (title in Dutch: Psychosociale gevolgen van abortus). For a detailed description of these measures, see the protocol of the related study with registration number NL3055.097.09.

# **Study description**

### **Background summary**

At present, remarkably little is known about women's decision making processes regarding an unintented pregnancy: how do these women decide to have an abortion or to carry their pregancy to term? Previous research has indicated that doubts in the decision-making process regarding induced abortion may enhance the risk for impaired psychosocial functioning on the longer term. Therefore, it is important to gain more insight into decision-making processes of women confronted with an unintented pregnancy, by indexing underlying reasons, considerations, doubts and ambivalent feelings/thoughts thoroughly. Further, it is important to examine whether abortion doctors perceive/recognize women's doubts regarding the abortion as they play a prominent role in the

decision process.

## Study objective

The main objective of this study is to analyze women's decision making processes regarding an unintended pregnancy in order to improve the counseling (in abortion and reproductive health clinics) for these women.

## Study design

Qualitative research through in-depth interviews. Women will be interviewed about their underlying reasons for abortion or continuation of their pregnancy and their decision-making processes regarding their unintended pregnancy. Further, the group consisting of women who underwent an abortion, will be subdivided on the basis of reported doubt regarding the abortion. Finally, through analysis of the files of abortion doctors, it will be investigated whether abortion doctors perceived/recognized potential doubts in women. These files will be compared with the files of women who finally decided to bring their pregnancy to term. Files of the latter group of women will be collected from the abortion clinics as well as from the FIOM.

## Study burden and risks

Participating women will have one in-depth interview with a duration of one to two hours. Talking about the abortion may pose a burden on women. To minimalize the burden, interviewers will be trained to interview the women in an empathic, respectful, and nonjudgemental way.

## **Contacts**

#### **Public**

Universiteit Utrecht

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#### Scientific

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Inclusion criteria for all women are: 1) living in the Netherlands; 2) aged between 18-44. Further, women who underwent an abortion (approximately 3 to 6 weeks prior to the in-depth interview) in one of the participating abortion clinics are invited for participation as well as women who decided to stay pregnant after their initial visit to the abortion clinic or to the FIOM.

## **Exclusion criteria**

Women will be excluded from participation if: 1) abortion was on medical grounds (embryonal or foetal abnormalities or health risks for the mother); 2) women's ability to express themselves in the Dutch language is insufficient; 3) cognitively not able to be interviewed

# Study design

## Design

Study type: Observational non invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active Primary purpose: Other

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 15-11-2010

Enrollment: 120

Type: Actual

# **Ethics review**

Approved WMO

Date: 12-11-2010

Application type: First submission

Review commission: METIGG: Medisch Ethische Toetsingscommissie Instellingen

Geestelijke Gezondheidszorg (Utrecht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL32869.097.10