

# Metabolic effects of Deep Brain Stimulation in patients with Obsessive Compulsive Disorder.

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1.To relate activity of the HPA axis to OCD symptoms and prefrontal brain abnormalities, using plasma ACTH and urine cortisol measures.2. To examine the role of nucleus accumbens activity on changes in endogenous glucose production, energy...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Glucose metabolism disorders (incl diabetes mellitus)
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON33826

### Source

ToetsingOnline

### Brief title

Metabolic effects of DBS in OCD.

### Condition

- Glucose metabolism disorders (incl diabetes mellitus)
- Glucose metabolism disorders (incl diabetes mellitus)

### Synonym

Obsessive Compulsive Disorder (OCD); compulsive behaviour

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** NWO

## Intervention

**Keyword:** Deep brain stimulation, glucose metabolism, HPA-axis, Obsessive compulsive disorder

## Outcome measures

### Primary outcome

Plasma ACTH and cortisol.

Cortisol in 24-h urine.

Hepatic glucose production.

Resting Energy expenditure (REE).

Plasma lipids.

### Secondary outcome

Alterations in cerebral perfusion (fMRI activity)

Dopaminergic changes (SPECT D2 receptor binding).

OCD symptom severity (YBOCS) and neuropsychological performance.

## Study description

### Background summary

Deep Brain Stimulation (DBS) is a promising intervention for treatment-intractable Obsessive Compulsive Disorder (OCD) patients. Currently, at the AMC Amsterdam, the efficacy of deep brain stimulation (DBS) for treatment refractory OCD patients targeting the nucleus accumbens is under investigation in 16 patients. See METC protocol number 04/113-E. In the current study, we aim to examine the hormonal and metabolic effects of DBS at the nucleus accumbens target in the same set of 16 OCD patients.

Previous studies have suggested increased activity of the HPA axis in OCD, with indications of a disturbed functioning at cerebral level. Increasing evidence points to a relation between the prefrontale cortex (PFC) and the HPA axis.

Dysfunction of the prefrontal cortex, as part of the frontal-striato-thalamic circuitry, is important in the pathophysiology of OCD. DBS in the nucleus accumbens may provide an extraordinary paradigm for examining the role of HPA activity and PFC involvement in OCD.

Recently it has been shown that hypothalamic activity is altered in obese subjects with type 2 diabetes mellitus compared to healthy controls. Moreover, result from our own study suggested that disturbances in dopamine metabolism within the brain might be related to disturbed hepatic glucose metabolism. Since food intake, satiety and energy expenditure are the major players in the regulation of body weight, it is not very surprising that quite recently the nucleus accumbens has become a new area of interest in obesity research. Dopamine is one of the main neurotransmitters of the nucleus accumbens and is involved in food intake, satiety and energy expenditure. It has been shown that dopamine metabolism in the mesoaccumbens system may be altered in obesity with contradictory results showing either reduced or increased dopamine signaling. The procedure of DBS in the nucleus accumbens provides an exceptional opportunity to gain insight in the role of the nucleus accumbens in hepatic glucose production, energy expenditure and plasma lipids.

### **Study objective**

1. To relate activity of the HPA axis to OCD symptoms and prefrontal brain abnormalities, using plasma ACTH and urine cortisol measures.
2. To examine the role of nucleus accumbens activity on changes in endogenous glucose production, energy expenditure and plasma lipids following nucleus accumbens DBS.

### **Study design**

A total of 16 subjects will be invited to participate in this study, which is determined by the amount of subjects that are included in our current DBS trial. HPA-axis activity will be determined by measuring plasma ACTH and cortisol in two consecutive 24-h urine samples. Endogenous glucose production will be measured via a hyperinsulinemic euglycemic clamp using stable isotopes. Furthermore, energy expenditure and plasma lipids will be assessed in on and off conditions of the stimulator.

Differences in symptoms strength and neuropsychological performance will be assessed with the Yale Brown Obsessive Compulsive Scale (YBOCS) and with tests taken from the Cambridge Neuropsychological Test Automated Battery (CANTAB). Neuroimaging will be performed using fMRI and SPECT, according to protocol MEC 07/330

### **Study burden and risks**

The inserted infusion needle can cause bruises.

The overall risks are very small, the main burden is that it is time consuming.

The group of subjects we would like to include is unique, because worldwide there are very few people that have received a neurostimulator. Insight in how this intervention works can also provide insight in the pathophysiology and treatment possibilities of OCD.

## Contacts

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)  
Elderly (65 years and older)

### Inclusion criteria

- Subjects have signed informed consent.
- Fulfilling in- and exclusion criteria according METC protocol number 07/330.

## Exclusion criteria

- Use of psychotropic drugs
- Use of drugs of abuse
- Pregnancy
- Use of medication known to interfere with glucose or lipid metabolism.
- Diabetes mellitus type 2 or impaired fasting glucose.
- Primary lipid disorder.
- Performance of vigorous exercise.
- Renal insufficiency or elevated liver enzymes (>2.5x above reference range).

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-11-2008

Enrollment: 16

Type: Anticipated

## Ethics review

Approved WMO

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

### **Register**

CCMO

### **ID**

NL25059.018.08