

# The metabolic response during low-frequent and high-frequent neuromuscular electrical stimulation of the quadriceps muscles in patients with chronic obstructive pulmonary disease

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Comparing the metabolic response (oxygen uptake and ventilation) and symptom perception (borg scores for dyspnoea and fatigue) between neuromuscular electrical stimulation with low-frequency and high-frequency.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Respiratory disorders NEC
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON33670

### Source

ToetsingOnline

### Brief title

The metabolic response during NMES in patients with COPD

### Condition

- Respiratory disorders NEC

### Synonym

Chronic Obstructive Pulmonary Disease (COPD)

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universiteit Maastricht

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** chronic obstructive pulmonary disease, metabolic response, neuromuscular electrical stimulation

## Outcome measures

### Primary outcome

Metabolic response:

- Oxygen uptake (VO<sub>2</sub>)
- Ventilation (VE)

### Secondary outcome

Symptom perception:

- Borgscores for dyspnoea before and after the electrical stimulation
- Borgscores for fatigue of the leg muscles before and after the electrical stimulation

## Study description

### Background summary

Patients with chronic obstructive pulmonary disease (COPD) still suffer from disabling dyspnoea, fatigue and exercise intolerance in daily life despite optimal drug treatment. Unfortunately, not every COPD patient is able to complete conventional training methods, due to exercise-induced dyspnoea. Transcutaneous neuromuscular electrical stimulation (NMES) is a relative new treatment modality, which has been shown to have positive effects on skeletal muscle function, exercise tolerance and disease-specific health status in patients with COPD.

### Study objective

Comparing the metabolic response (oxygenuptake and ventilation) and symptom perception (borgscores for dyspnoea and fatigue) between neuromuscular electrical stimulation with low-frequency and high-frequency.

## **Study design**

A prospective cross-over intervention study design.

## **Intervention**

Neuromuscular electrical stimulation

## **Study burden and risks**

The current research group believes that the nature and possible extent of the burden and risks possibly related to the present protocol are nihil and acceptable. Neuromuscular electrical stimulation had been used in previous studies (Neder et al, Thorax 2002; Bourjeily-Habr, Thorax 2002) and in daily routine without any adverse events.

The mobile oxycon had been used in previous studies in healthy subjects and patients with moderate to very severe COPD during exercise tests (for example: Probst et al, Chest 2004) and during extensive rehabilitation sessions (Probste et al, CERJ 2006) without any adverse events.

## **Contacts**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Chronic Obstructive Pulmonary Disease (COPD)

High rate of dyspnoea (MRC 4/5)

Normal or underweight (BMI<25 kg/m<sup>2</sup>)

### Exclusion criteria

Long-term oxygen therapy

Pacemaker or Internal Cardiac Defibrillator

Metal implants in hip, leg and/or knee

Neurological and/or locomotorical problems

## Study design

### Design

Study type:	Interventional
Intervention model:	Crossover
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 11-05-2009  
Enrollment: 25  
Type: Actual

## Medical products/devices used

Generic name: portable electrical stimulator en oxycon mobile  
Registration: Yes - CE intended use

## Ethics review

Approved WMO  
Date: 04-05-2009  
Application type: First submission  
Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 28216  
Source: Nationaal Trial Register  
Title:

### In other registers

Register	ID
CCMO	NL25877.068.08
OMON	NL-OMON28216