

# Measurement of superficial scalp skin temperature during scalp cooling as applied for prevention of hair loss due to chemotherapy.

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The primary goal is to find out whether or not you can reach with the new cooling liquid in the Paxman cooler, and probably with air cooling, a  $\pm 5^{\circ}\text{C}$  lower temperature of the scalp skin. The secondary goal is to find out how a possibly reached lower...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Miscellaneous and site unspecified neoplasms malignant and unspecified
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON32056

### Source

ToetsingOnline

### Brief title

scalp skin temperature

### Condition

- Miscellaneous and site unspecified neoplasms malignant and unspecified

### Synonym

NVT

### Research involving

Human

## Sponsors and support

**Primary sponsor:** W.P.M. Breed, Integraal Kankercentrum Zuid

**Source(s) of monetary or material Support:** niet van toepassing: geen kosten verbonden aan onderzoek

## Intervention

**Keyword:** scalp cooling, scalp skin temperature

## Outcome measures

### Primary outcome

The temperature of the scalp skin during cooling with the recent and the new cooling liquid and probably during air cooling

### Secondary outcome

The degree of enduring during cooling with the recent and the new cooling liquid and probably during air cooling.

The course of the bodytemperature during cooling with the new cooling liquid.

## Study description

### Background summary

For years already scalp cooling is applied during chemotherapy. Unfortunately it's not succesful with everyone. During scalp cooling with the Paxman cooler the scalp skin reaches with the present cooling liquid probable a temperature of 15-20°C . There is a pretty big interindividual spreading. The optimal temperature of the scalp skin to reach maximum hairprotection is unknown, but it is likely that maximum hairprotection is reached with more patients when the cooling liquid in the machine is a few degrees lower than is possible with the present cooling liquid. Therefore, the manufacturer has recently developed a new cooling liquid.

### Study objective

The primary goal is to find out whether or not you can reach with the new cooling liquid in the Paxman cooler, and probably with air cooling, a  $\pm 5^{\circ}\text{C}$

lower temperature of the scalp skin.

The secondary goal is to find out how a possibly reached lower temperature of the scalp skin is being endured. In addition the goal is to find out whether or not there is a drop in body temperature during scalp cooling.

## **Study design**

This will be a pilot study. Ten healthy, voluntary subjects will be collected. They will be cooled once with the Paxman cooler with the recent cooling liquid, once with the new cooling liquid and maybe once with air cooling. The cooling time per session will be 90 minutes. By means of a temperature measurement developed by the TU Eindhoven the temperature of the scalp skin will be measured during the cooling. When the temperature is still decreasing between 60 and 85 minutes ( $>1^{\circ}\text{C}$ ), then the cooling time will be lengthened to 120 minutes.

The body temperature will be measured by means of a earth thermometer. In addition the central body temperature during cooling with the new liquid will be measured at a few subjects by means of a "pill". This "pill" is a temperature sensor which can be swallowed. After four hours the "pill" is in the small intestine. By means of measuring equipment the signals of the "pill" can be received and the central body temperature registered carefully. The "pill" leaves the body later via the stools. It has no consequences for the subject.

On the basis of an earlier clinical applied questionnaire the degree of enduring per cooling session will be watched.

## **Study burden and risks**

There are no risks attached to participation and the expectation is that the degree of enduring will not be high:

At this moment a QoL-study is being performed under patients who are treated with scalp cooling. The results are yet not analysed and published. But it is known that when patients are asked how they endure cooling with the standard temperature, they score a 7,6 on a scale from 0-10, in which 0=not to endure and 10=very good to endure.

With 82% (n=572) of the cooling session no headache is being reported, with 14% (n=98) mild headache, with 3% (n=25) moderate headache and with 1% (n=10) heavy headache.

It is expected that the duration of the cooling will not be a problem for the subjects. There are namely chemotherapy courses, including Taxol, which have an entering time of 4 hours. With half an hour of precooling and one and a half hour of postcooling time, these patients are being cooled during 6 hours. Also the temperature of the cooling cap shouldn't be a problem. The machine has a constant temperature of  $-10^{\circ}\text{C}$ . With this the scalp skin probably gets a temperature between  $15$  and  $20^{\circ}\text{C}$ . To get a scalp skin temperature between  $10$  and  $15^{\circ}\text{C}$ , the new cooling liquid will probably have to get a temperature of  $-15^{\circ}\text{C}$ . In the past cooling is being performed without any problems with cooling caps

from a freezer of -30°C, a substantial lower temperature than the temperature of the cooling liquid. This cap warmed up slowly indeed, but after every half hour the cap had to be replaced by a new cap of -30°C.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

at least 18 years old

### Exclusion criteria

Cold agglutinin disease

Cryoglobulinemia  
Cryofibrinogenemia  
Cold posttraumatic dystrophy

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 12-11-2007

Enrollment: 10

Type: Anticipated

## Ethics review

Approved WMO

Application type: First submission

Review commission: METC Leids Universitair Medisch Centrum (Leiden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

**Other (possibly less up-to-date) registrations in this register**

No registrations found.

**In other registers**

Register	ID
CCMO	NL20576.058.07