

Prevalence and riskfactors of vertebral fractures among geriatric patients

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Prevalence of vertebral fractures on the thoracic lumbosacral spine X-ray.

Ethical review	Approved WMO
Status	Pending
Health condition type	Bone disorders (excl congenital and fractures)
Study type	Observational non invasive

Summary

ID

NL-OMON31187

Source

ToetsingOnline

Brief title

GOPOZ

Condition

- Bone disorders (excl congenital and fractures)

Synonym

low peak bone mass with fractures of the spine, osteoporosis with bonefractures

Research involving

Human

Sponsors and support

Primary sponsor: Slotervaartziekenhuis

Source(s) of monetary or material Support: ziekenhuis zelf; onderzoek is in het kader van opleiding tot klinisch geriater.

Intervention

Keyword: geriatric patients, prevalence, riskfactors, vertebral fracture

Outcome measures

Primary outcome

prevalence of vertebral fractures

Secondary outcome

riskfactors associated with vertebral fractures

Study description

Background summary

Vertebral fractures occur frequently among geriatric patients. Usually the underlying diagnosis is osteoporosis. It is shown that having a fracture is associated with an increased risk of subsequent fractures. Therefore effective osteoporosis drugs should be administered. A lot of vertebral fractures are overlooked for several reasons. A recent retrospective study in our center showed a prevalence of 50% of vertebral fractures on the X-ray of the lateral Thorax, among geriatric patients presenting on the dayclinic. 50% of these fractures were diagnosed by the radiologist, and only 7% was treated with a bisphosphonate, extra Calcium and Vitamin D.

Probably this prevalence is underestimated because most vertebral fractures are in the lumbosacral spine and not visible on a lateral X-ray of the thorax. Because of these results, the standard analysis of the new patients on the geriatric dayclinic has a thoracic and lumbosacral spine X-ray.

Study objective

Prevalence of vertebral fractures on the thoracic lumbosacral spine X-ray.

Study design

prospective study on patients presenting on the geriatric dayclinic in the Slotervaart Hospital Amsterdam. 300 patients will be included. The usual analysis for these patients will be performed and will have a X-ray of the thoracic lumbosacral spine.

Study burden and risks

The thoracic and lumbosacral spine X-ray is not an extra burden, because this X-ray will be made not for scientific research but for the sake of the patients.

We conduct this thoracic and lumbosacral spine Xray in the standard analysis for all new geriatric patients on our dayclinic.

In 50% of the patients the minimal mental state examination (MMSE) will be performed extra, normally we take this test from the ones with memory complaints. The burden will be 10 minutes, and there is no risk.

Contacts

Public

Slotervaartziekenhuis

Louwesweg 6
1066 EC amsterdam
Nederland

Scientific

Slotervaartziekenhuis

Louwesweg 6
1066 EC amsterdam
Nederland

Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

patients presenting for geriatric analysis in slotervaart hospital Amsterdam, and from who are made an X-ray of the thorax and of the thoracic and lumbosacral spine.

Exclusion criteria

patients without an X-ray of the thoracic and lumbosacral spine.

Study design

Design

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-04-2007

Enrollment: 300

Type: Anticipated

Ethics review

Approved WMO

Application type: First submission

Review commission: METC Slotervaartziekenhuis en Reade (Amsterdam)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL17113.048.07