

# Equator Evaluation Study

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Research questions: 1. What is the relationship between mental health and social integration? 2a) What are the short and long term effects on the mental health of refugees of the Equator day care treatment? 2b) What are the short and long term effects...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON29804

### Source

ToetsingOnline

### Brief title

Equator

### Condition

- Other condition
- Psychiatric disorders NEC

### Synonym

Mental Health/Social Isolation

### Health condition

Sociale integratie/ sociale uitsluiting/ eenzaamheid

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Europees Vluchtelingen Fonds

## Intervention

**Keyword:** mental health, refugees, social integration, treatment effectiveness

## Outcome measures

### Primary outcome

Mental health

Social Integration

### Secondary outcome

Patient satisfaction

## Study description

### Background summary

Suffering from mental health problems constitutes a major obstacle for successful integration into Dutch society for refugees. The majority of refugees reports one or more psychiatric disorder, often related to previously experienced traumatic events. To those refugees whose problems are of such severe nature that mental health treatment is indicated, AMC de Meren offers the Equator day care treatment. Equator day care treatment aims at the decrease of trauma related mental health problems. Moreover, the treatment aims at strengthening the patient's self reliance, and offers techniques for the improvement of social (re)integration. This study has the objective to evaluate Equator day care treatment and to distinguish point of reference for the improvement of the treatment. Consequently the study hopes to increase the body of knowledge with respect to the relationship between mental health and social integration.

### Study objective

Research questions:

1. What is the relationship between mental health and social integration?
- 2a) What are the short and long term effects on the mental health of refugees of the Equator day care treatment?
- 2b) What are the short and long term effects on the social integration of refugees of the Equator day care treatment?

The general hypothesis of this study is that the Equator day care treatment

results in a significant improvement on indicators of mental health and social integration, compared to a control group consisting of respondents that did not receive Equator day care treatment.

### **Study design**

Effectiveness research with repeated measurements using structured questionnaires.

### **Study burden and risks**

The respondent's burden consists of the assessment of a questionnaire (4 measurements). Some questions may be perceived stressful by the respondent.

## **Contacts**

### **Public**

Academisch Medisch Centrum

Tafelbergweg 25  
1105 BC Amsterdam  
Nederland

### **Scientific**

Academisch Medisch Centrum

Tafelbergweg 25  
1105 BC Amsterdam  
Nederland

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

Equator day care patients

## Exclusion criteria

Overt psychotic, mentally retarded, no residence permit, simultaneously receiving comparable mental health treatment

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	14-08-2006
Enrollment:	100
Type:	Anticipated

## Ethics review

Approved WMO	
Application type:	First submission
Review commission:	METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL13430.018.06