

# Operation or Plaster in Wrist Fractures

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON29516

### Source

Nationaal Trial Register

### Brief title

VIPAR

### Health condition

dislocated, articular, distal radius, fracture, ORIF, plaster  
gedisloceerd, articulair, distale radius, fractuur, ORIF, gips

## Sponsors and support

**Primary sponsor:** Academic Medical Center, Amsterdam

**Source(s) of monetary or material Support:** Self-financing

## Intervention

## Outcome measures

### Primary outcome

PRWE

### Secondary outcome

DASH, SF36, VAS, ROM, grip strength, radiographic outcomes, cost-effectiveness and cost-utility

# Study description

## Background summary

There is no consensus about the best treatment for patients with displaced complete articular distal radius fractures (AO type C fractures). Despite this lack of consensus and the lack of available literature on comparative data to guide treatment for this patient population, operative treatment with plate fixation has gained popularity. The aim of our study is to compare the functional outcome of open reduction and plate fixation with closed reduction and plaster immobilisation in adult patients (18-65 years) with displaced complete articular distal radius fractures.

## Study objective

Open reduction and internal plate fixation has a better functional outcome compared to closed reduction and plaster immobilisation.

## Study design

1 week, 2/3 weeks, 6 weeks, 3 months, 6 months, 12 months

## Intervention

Open reduction and internal plate fixation versus plaster immobilisation

# Contacts

## Public

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## Scientific

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## Eligibility criteria

### Inclusion criteria

- Patients from 18 – 75 years
- AO type C displaced distal radius fracture, as classified on lateral, posterior anterior and lateral carporadial radiographs/CT-scan by a radiologist or trauma surgeon
- Fracture displacement is defined by the AO foundation as 'fragments not perfectly anatomically aligned'. Acceptable closed reduction obtained immediately after admission to the Emergency Department (<12hrs)

### Exclusion criteria

- Patients with impaired wrist function prior to injury due to arthrosis/neurological disorders of the upper limb
- Open distal radius fractures
- Multiple trauma patients (Injury Severity Score (ISS)  $\geq 16$ )
- Other fractures of the affected extremity (except from ulnar styloid process)
- Fracture of other wrist
- Insufficient comprehension of the Dutch language to understand a rehabilitation program and other treatment information as judged by the attending physician
- Patient suffering from disorders of bone metabolism other than osteoporosis (i.e. Paget's disease, renal osteodystrophy, osteomalacia)
- Patients suffering from connective tissue disease or (joint) hyperflexibility disorders such as Marfan's, Ehler Danlos or other related disorders

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	19-06-2015
Enrollment:	90
Type:	Actual

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion	
Date:	03-12-2014
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 45181  
Bron: ToetsingOnline  
Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL4777
NTR-old	NTR4915
CCMO	NL51544.018.14
OMON	NL-OMON45181

## Study results