

# Treatment strategy in patients with recurrent vasovagal syncope.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON28970

### Source

Nationaal Trial Register

### Brief title

STAND (Syncope Treatment Association Netherlands Danmark)

### Health condition

Vasovagal syncope

## Sponsors and support

**Primary sponsor:** Academic Medical Center

**Source(s) of monetary or material Support:** Netherlands Heart Foundation

## Intervention

## Outcome measures

### Primary outcome

Total burden of syncope recurrence.

### Secondary outcome

1. Time to first recurrence syncope and presyncope;

2. Presyncope burden;
3. Quality of life.

## Study description

### Background summary

Patients with recurrent vasovagal syncope will be randomised between conventional therapy alone or additional training in counterpressure manoeuvres.

In case of recurrence a trial with midodrine (double blind cross over) will be added to the therapy.

### Study objective

1. In patients with recurrent vasovagal syncope, current conventional therapy will fail in 40%, after 1 year follow-up.
2. In patients with recurrent vasovagal syncope, treated with conventional therapy and training in physical counterpressure manoeuvres, failure rate will be reduced to 20% (50% reduction) and Quality of Life will improve significantly.
3. In the subgroup of patients with recurrent vasovagal syncope, refractory to training in physical counterpressure manoeuvres, Midodrine therapy will lead to a recurrence rate of less than 20% and will improve Quality of Life significantly.

### Intervention

1. Physical Counterpressure Manoeuvres;
2. Midodrine.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

1. Clinical diagnosis of classical neurally- mediated reflex syncope, based on the medical history or non-classical diagnosis of neurally-mediated reflex syncope and a positive tilt-table test;
2. 3 syncope episodes in the last 2 years;
3. Recognizable prodromal symptoms;
4. Age 18-70 years.

### Exclusion criteria

1. Suspected or certain heart disease and high likelihood of cardiac syncope;
2. Orthostatic hypotension;
3. Episodes of loss of consciousness different from syncope (e.g. epilepsy, psychiatric, metabolic, drop-attack, TIA, intoxication, cataplexy);
4. Steal syndrome;
5. Psychologically or physically (due to any other illness) or cognitively unfit for participation in the study according to the opinion of the investigator;
6. Patient compliance doubtful;

7. Patient geographically or otherwise inaccessible for follow-up;
8. Patient unwilling or unable to give informed consent;
9. Pregnancy;
10. Life expectancy < 1 year.

## Study design

### Design

Study type:	Interventional
Intervention model:	Crossover
Masking:	Single blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	02-01-2005
Enrollment:	300
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	24-08-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL112
NTR-old	NTR143
Other	: NHS 2003B156
ISRCTN	ISRCTN29932893

## Study results

### Summary results

N/A