

# Treatment of PTSD in children using cognitive behavioral writing therapy: An open trial

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON28877

### Source

Nationaal Trial Register

### Brief title

N/A

### Health condition

PTSD in children and adolescents

## Sponsors and support

**Primary sponsor:** University of Amsterdam

GGZ Dijk en Duin, Zaandam

**Source(s) of monetary or material Support:** Stichting Kinderpostzegels Nederland

## Intervention

## Outcome measures

### Primary outcome

- PTSD symptoms

## **Secondary outcome**

- PTSD related cognitions
- Depressive symptoms
- General behavior problems

## **Study description**

### **Background summary**

The current study is a pilot study on the effectiveness of cognitive behavioral writing therapy on the computer for children with type 1 and type 2 PTSD.

### **Study objective**

The effectiveness of cognitive behavioral writing therapy on the reduction of PTSD and associated symptoms

### **Study design**

- Pretest
- Posttest (directly after treatment)
- Follow-up 6 months

### **Intervention**

Our study has an uncontrolled pre-post-follow-up design (6 months). Just before treatment the pre-test takes place, directly after treatment the post-test and 6 months after the end of treatment the follow-up is conducted. The treatment is cognitive behavioral writing therapy and follows an extensive manual (Lucassen & Van der Oord, 2006). The most important elements of the treatment are psycho-education, exposure, cognitive restructuring, promoting adequate coping, and social sharing. Children write together with the therapist a report of the trauma on the computer during the weekly 1 hour treatment session. Treatment length is variable, thus the therapy ends when a complete detailed written account is made of the traumatic experience.

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

1. Diagnosis of PTSD
2. Age 8-18 years
3. Estimated IQ of 80 or above

### **Exclusion criteria**

1. Ongoing trauma-related threat
2. Unstable home situation
3. Other psychiatric problems present that needed more urgent treatment

## Study design

## Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-09-2006
Enrollment:	50
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	07-05-2008
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL1265

**Register**

NTR-old

Other

ISRCTN

**ID**

NTR1311

Stichting Kinderpostzegels : 24924/I/5

ISRCTN wordt niet meer aangevraagd

## Study results

**Summary results**

N/A