

Wellbeing therapy as a part of rehabilitation in psychotrauma treatment

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON28834

Source

Nationaal Trial Register

Health condition

Post-Traumatic Stress Disorder (PTSD)

Sponsors and support

Primary sponsor: Prof. dr. E.T. Bohlmeijer

Universiteit Twente

Vakgroep Psychologie, Gezondheid & Technologie

Gebouw: Cubicus

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Source(s) of monetary or material Support: Mediant Geestelijke gezondheidszorg

Centrum voor Psychotrauma

Raiffeisenstraat 44

7514 AM Enschede

Intervention

Outcome measures

Primary outcome

The intervention is focused on increasing the psychological wellbeing, social and emotional wellbeing on the MHC-SF

Secondary outcome

Secondary study outcome is posttraumatic stress complaints, posttraumatic growth, selfcompassion, therapy use, workproductivity

Study description

Background summary

Evidence-based treatments for posttraumatic stress disorders (PTSD) are available and have been widely implemented. However, there is considerable risk for relapse and until date no effective relapse prevention programs have been developed. A promising approach is to focus on positive mental health or well-being in the rehabilitation phase (after treatment of the PTSD). For several common mental disorders it has been shown that well-being therapy reduces the risk for relapse, has a positive impact on well-being and resilience and further reduces symptomatology. In the research project we want to study the effects of an adapted well-being therapy as rehabilitation for people who have been treated for PTSD.

Study design

There will be four measurements with eleven questionnaires: baseline, three months, six months and twelve months

Intervention

Wellbeing therapy with sustains 6 face to face sessions. The duration of the sessions is one hour on a frequency of every one or two weeks. The patients also have homework in between the different sessions.

Contacts

Public

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Eligibility criteria

Inclusion criteria

- adults who had effective treatment for PTSD
- age 18 and over

Exclusion criteria

- psychotic disorders
- stil having a diagnosis for PTSD on M.I.N.I. Plus
- treatment necessary for other specifiek psychiatric disorder in a different center

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL
Recruitment status: Recruiting
Start date (anticipated): 01-03-2014
Enrollment: 0
Type: Anticipated

Ethics review

Positive opinion
Date: 30-01-2014
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4279
NTR-old	NTR4424
Other	NL26248 ABR : P13-34 METC

Study results