# **LAPRESS** study

No registrations found.

**Ethical review** Not applicable

**Status** Other

Health condition type -

Study type Interventional

## **Summary**

#### ID

NL-OMON28650

**Source** 

NTR

**Brief title** 

LAPRESS study

#### **Health condition**

- Niche
- Cesarean section scar defect
- Secondary subfertility
- Laparoscopy

## **Sponsors and support**

**Primary sponsor:** VU medical center

Source(s) of monetary or material Support: None.

### Intervention

#### **Outcome measures**

## **Primary outcome**

Time to ongoing pregnancy, defined as a intrauterine pregnancy with a fetal heartrate at 12 weeks gestation.

## **Secondary outcome**

Fertility and pregnancy outcomes, satisfaction and quality of life, surgical outcomes (intervention group), additional interventions, niche characteristics.

Economic evaluation: direct and indirect costs will be executed from a social perspective.

## **Study description**

### **Background summary**

A niche is a defect that can develop at the site a caesarean section scar. A niche can cause complaints of abnormal uterine blood loss, dysmenorrhea, chronic pelvic pain and is related to infertility. Several innovative surgical therapies have been developed to treat niche related symptoms. A laparoscopic resection of the niche is preferred in a large (residual myometrium ≤3mm) symptomatic niche. Reduction of symptoms and promising reproductive outcomes at a low complication rate have been reported in a few case series and cohort studies.

### Objective of the study:

The aim of the study is to evaluate the effect of a laparoscopic niche resection in patients with secondary unexplained subfertility or failed IVF in comparison to expectant management on fertility, pregnancy outcome and postmenstrual spotting. Cost-effectiveness analysis will be executed alongside the study.

## Study objective

A niche is a defect that can develop at the site a caesarean section scar. A niche can cause complaints of abnormal uterine blood loss, dysmenorrhea, chronic pelvic pain and is related to infertility. Several innovative surgical therapies have been developed to treat niche related symptoms. A laparoscopic resection of the niche is preferred in a large (residual myometrium <3mm) symptomatic niche. Reduction of symptoms and promising reproductive outcomes at a low complication rate have been reported in a few case series and cohort studies.

#### Study design

- 3, 6, 12 months
- follow up during pregnancy
- follow-up: 2 years

#### Intervention

Laparoscopic niche resection, contraceptives during the first 6 months to enable healing of the uterine scar before a pregnancy is allowed, thereafter fertility therapies are allowed if needed, according to the local protocol.

## **Contacts**

#### **Public**

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## **Eligibility criteria**

### Inclusion criteria

Women (>18 years) with the presence of a large niche and secondary unexplained subfertility, failed IVF, or with problems during their fertility therapy, such as intrauterine accumulation of fluid and/ or difficulties during the introduction of the ET of IU catheter will be included.

## **Exclusion criteria**

Pregnancy, age < 18 years, contraindications for general anaesthesia, a (suspected) malignancy, uterine of cervical polyps, submucosal fibroids, atypical endometrial cells, cervical dysplasia, cervical or pelvic infection, hydrosalphinx.

## Study design

## Design

Study type: Interventional

Intervention model: Parallel

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: Placebo

## Recruitment

NL

Recruitment status: Other

Start date (anticipated): 01-04-2017

Enrollment: 200

Type: Unknown

## **Ethics review**

Not applicable

Application type: Not applicable

## Study registrations

## Followed up by the following (possibly more current) registration

ID: 50195

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6350 NTR-old NTR6534

CCMO NL57660.029.16 OMON NL-OMON50195

# **Study results**