# Implementation of an evidence based smoking cessation strategy (SMOCC) for patients with COPD in primary care.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

# **Summary**

### ID

NL-OMON28475

**Source** Nationaal Trial Register

**Brief title** N/A

**Health condition** 

COPD, smoking

### **Sponsors and support**

Primary sponsor: ZONMW

Intervention

#### **Outcome measures**

#### **Primary outcome**

Primary outcome measures will be biochemically validated smoking abstinence at 12 and 18 months.

#### Secondary outcome

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Secundary outcome measures will be counseling contacts and counseling behaviour of professionals and cessation attempts of patients.

# **Study description**

#### **Background summary**

COPD is an increasing cause of death and morbidity and smoking is its primary cause. Professional smoking cessation treatment is very cost-effective and therefore recommended by national guidelines. A controlled study demonstrated that a smoking cessation protocol in routine primary care, specifically targeted at patients with COPD (SMOCC), doubled the quit rates. The protocol was tested under optimal trial conditions, but it is unclear if a large-scale implementation strategy is (cost-)effective. Therefore the present study investigates an large scale implementation strategy in a 2-armed community intervention trial. The research question is how (cost-)effective this implementation strategy is compared to usual implementation procedures.

#### **Study objective**

The large implementation of SMOCC will be more (cost-) effective than the usually applicated basic dissemination strategies for guidelines.

#### Intervention

Large scale implementation of a combined strategy, aimed at the complete GP practice team (education by consultant at the practice, help with detecting smoking COPD patients, supplying materials for patient education, helpdesk/website, reminders by e-mail and phone) versus usual care.

# Contacts

#### Public

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# **Eligibility criteria**

### **Inclusion criteria**

- 1. COPD;
- 2. Smoking;
- 3. Age 40 or more.

### **Exclusion criteria**

- 1. Under control of lung specialist;
- 2. Not Dutch-speaking;
- 3. Serious physical of psychiatric comorbidity;
- 4. Age under 40.

# Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Open (masking not used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-01-2006
Enrollment:	2700
Туре:	Anticipated

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# **Ethics review**

Positive opinionDate:18Application type:Fi

18-01-2006 First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL524
NTR-old	NTR568
Other	: N/A
ISRCTN	ISRCTN52757029

# **Study results**

Summary results N/A