Evaluating the clinical and costeffectiveness of a combined personcentred intervention of Advance Care Planning (ACP) and care coordination for people with Parkinson's disease and their family caregiver(s)

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

## Summary

### ID

NL-OMON26859

**Source** Nationaal Trial Register

Brief title PD\_Pal

Health condition

Parkinson's disease and Parkinsonisms

#### **Sponsors and support**

**Primary sponsor:** Radboud university medical center, Nijmegen, the Netherlands **Source(s) of monetary or material Support:** H2020

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

% patients with documented ACP arrangements

#### Secondary outcome

- patient's symptom burden
- FC's burden
- patients and their FC experienced quality of life
- care coordination
- quality of (palliative) care
- cost effectiveness of the intervention

## **Study description**

#### **Background summary**

To determine the effectiveness of a community-based outpatient palliative care intervention for people with Parkinson's disease and their Family Caregiver (FC) compared to care as usual on Advanced Care Planning (ACP) documentation in the patient's central file, on patient's clinical outcomes, on caregiver burden and on costs and service utilization. To test the feasibility of the community-based outpatient palliative care intervention for people with Parkinson's disease and their FC in six European countries.

#### Study objective

none

#### Study design

The active intervention period is 6 months, with a follow-up assessment after 12 months.

#### Intervention

The intervention consists of a specifically trained (neurology) nurse who provide and coordinate transmural, integrated and proactive palliative care, including Advance Care Planning (ACP)

## Contacts

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# **Eligibility criteria**

### **Inclusion criteria**

- Capable to participate;
- Able to provide informed consent;

• Meeting the MDS clinical diagnostic criteria for PD, including Parkinsonisms (Postuma et al., 2015);

• H&Y ≥ 3;

• Progressive deterioration in physical and/or cognitive function despite optimal therapy, according to the primary physician; and

• Availability of a family caregiver or informal caregiver.

### **Exclusion criteria**

• Inability to communicate independently, with or without supportive communication tools.

• Presence of additional chronic medical illnesses which may require palliative services (e.g. metastatic cancer).

- Already receiving palliative care or hospice services.
- Already participating in a clinical study for palliative care.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

#### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-01-2020
Enrollment:	176
Туре:	Anticipated

### **IPD sharing statement**

Plan to share IPD: Undecided

## **Ethics review**

Positive opinion	
Date:	01-10-2019
Application type:	First submission

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL8180
Other	METC Radboudumc : SEP-210512305

# **Study results**