# The effect of ondansetron, a 5-Ht3 receptor antagonist, on fatigue severity and functional impairment in CFS-patients.

No registrations found.

**Ethical review** Positive opinion

**Status** Recruitment stopped

Health condition type -

Study type Interventional

## **Summary**

#### ID

NL-OMON23597

#### Source

Nationaal Trial Register

#### **Brief title**

N/A

#### Intervention

## **Outcome measures**

#### **Primary outcome**

- 1. Fatigue severity: measured with Checklist Individual Strenght;
- 2. Functional impairment: measured with Sickness Impact Profile;
- . CDC-symptoms.

#### **Secondary outcome**

Fysical activity level: measured with actometer.

## **Study description**

#### **Background summary**

Accumulating data in the literature support an important role for serotonin, in the neurobiology of CFS. Neuroendocrin and neuropharmacological studies point to an upregulated or hyperresponsive serotonin system.

In a RCT by our own research group the SSRI fluoxetine proved to be ineffective in CDC-diagnosed CFS patients.

Positive reports of the use of serotonine inhibitors in the treatment of fatigue, due to hepatitis and to fibromyalgia, support an effect. Based on these findings we hypothesise that a serotonin antagonist could be effective in the treatment of CFS.

#### Study objective

Accumulating data in the literature support an important role for serotonin, in the neurobiology of CFS. Neuroendocrin and neuropharmacological studies point to an upregulated or hyperresponsive serotonin system.

Positive reports of the use of serotonine inhibitors in the treatment of fatigue, due to hepatitis and to fibromyalgia, support an effect. Based on these findings we hypothesise that a serotonin antagonist could be effective in the treatment of CFS.

#### Study design

N/A

#### Intervention

10 weeks ondansetron.

## **Contacts**

#### **Public**

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2 - The effect of ondansetron, a 5-Ht3 receptor antagonist, on fatigue severity and ... 12-06-2025

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#### **Scientific**

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## **Eligibility criteria**

#### Inclusion criteria

- 1. CDC-diagnosed CFS-patients;
- 2. Male and female patients 18-65 years of age;
- 3. High-fatigue severity level;
- 4. Substantial functional impairment;
- 5. Written informed consent.

#### **Exclusion criteria**

- 1. Pregancy;
- 2. Lactating women;
- 3. Participation in CFS-treatment programs;
- 4. Participation in other CFS-research;
- 5. Psychopharmaca.

# Study design

### **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 19-06-2002

Enrollment: 60

Type: Actual

## **Ethics review**

Positive opinion

Date: 31-08-2005

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register**NTR-new
NL172

Register ID

NTR-old NTR209 Other : N/A

ISRCTN ISRCTN02536681

# **Study results**

## **Summary results**

N/A