# Highlow study.

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON23452

**Source** 

NTR

#### **Health condition**

To evaluate the efficacy and safety of intermediate dose LMWH versus fixed low dose LMWH in pregnant women with a history of previous deep venous thrombosis or pulmonary embolism.

# **Sponsors and support**

**Primary sponsor:** Academic Medical Center

Source(s) of monetary or material Support: GlaxoSmithKline, NWO, Academic Medical

Center

### Intervention

#### **Outcome measures**

### **Primary outcome**

- 1. Symptomatic DVT during pregnancy and 6 weeks postpartum;
- 2. Symptomatic PE during pregnancy and 6 weeks postpartum.

## **Secondary outcome**

1. Symptomatic DVT during pregnancy until 3 months postpartum;

1 - Highlow study. 26-04-2025

2. Symptomatic PE during pregnancy until 3 months postpartum.

# **Study description**

## **Background summary**

This is a randomized-controlled open-label trial comparing two different doses of LMWH in pregnant patients with a history of previous VTE. Both doses are recommended doses in the ACCP guidelines.

Patients enter the study as soon as a home test confirms pregnancy. LWMH will be administered until 6 weeks postpartum. Follow-up will continue until 3 months postpartum.

Patients will be recruited by their treating physician, either an obstetrician or internist.

## Study objective

Intermediate weight-adjusted dose LMWH for VTE prophylaxis in pregnant women with a previous history of VTE is more efficacious than fixed low dose LMWH without increasing bleeding risk.

## Study design

- 1. Inclusion (visit);
- 2. 2 weeks after treatment (visit);
- 3. 20 weeks after treatment (phone or visit);
- 4. 30 weeks after treatment (phone or visit);
- 5. 1 week after delivery (phone or visit);
- 6. 6 weeks after delivery (phone);
- 7. 3 months after delivery (phone).

#### Intervention

Intermediate dose LMWH. Two different doses will be tested. LWMH will be administered until 6 weeks postpartum.

Low doses: Nadroparin (Fraxiparine): 2850 IE 1dd1 s.c.; dalteparin (Fragmin): 5000 IU 1dd1 s.c.; tinzaparin (Innohep): 4500 IU 1dd1 s.c.; enoxaparin (Clexane): 40 mg 1dd1 s.c.

Intermediate doses: weight adjusted according to dosing scheme in protocol.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

## Inclusion criteria

- 1. Age > 18 years;
- 2. Pregnancy confirmed by urinary pregnancy test;
- 3. Gestational age < 14 weeks since first day of last menstrual period;
- 4. Previous objectively confirmed VTE, either unprovoked, in the presence of use of oral contraceptives or estrogen/progestagen use, or related to pregnancy or the postpartum period, or minor risk factors (e.g. long distance travel, minor trauma).

### **Exclusion criteria**

- 1. Previous VTE related to a major provoking risk factor (e.g. surgery, major trauma or plaster cast immobilisation in the 3 months prior to VTE) as the sole risk factor;
- 2. Indication for treatment with therapeutic dose anticoagulant therapy (e.g. treatment of acute VTE; permanent use of therapeutic anticoagulants outside of pregnancy);
- 3. Inability to provide informed consent;
- 4. Type 1 allergy to LMWH preparations;
- 5. Confirmed heparin-induced thrombocytopenia;
- 6. Renal insufficiency (creatinine clearance < 30ml/min);
- 7. Previous inclusion in the Highlow study (for another pregnancy).

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 15-03-2013

Enrollment: 1000

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 12-03-2013

# **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 55412

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL3731 NTR-old NTR3894

CCMO NL40326.018.12

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON55412

# **Study results**

### **Summary results**

N/A