

# Efficacy of Dermalex Eczema in atopic dermatitis patients

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON23349

### Source

Nationaal Trial Register

### Brief title

EDA

### Health condition

Atopic dermatitis

## Sponsors and support

**Primary sponsor:** AMC

**Source(s) of monetary or material Support:** AMR

## Intervention

## Outcome measures

### Primary outcome

Changed 22-may-2015:

1) Change in modified SCORAD in three and six weeks

### Secondary outcome

- The amount of used cream/ointments (per day and total)
- Change in cytokine levels, lipid profile, Trans epidermal water loss and PH after the different treatments.
- presence of mutations on the Fillagrin-gene

## Study description

### Background summary

NA

### Study objective

Dermalex eczema cream will decrease symptoms of atopic dermatitis significantly and will be superior to Unguentum leniens and Hydrocortison when used for a 6 week period

### Study design

week 0, week 3, week 6

### Intervention

Patients are instructed to apply Dermalex eczema cream, a standard emollient or a dermatocorticosetroid on one side of the body on atopic dermatitis lesions at least twice a day. The opposite side will be topically treated with another of the three creams twice a day. The patients will be randomized in three groups: Dermalex eczema versus unguentum leniens, Dermalex eczema versus hydrocortisone and unguentum leniens versus hydrocortison. Within the groups the creams will be assigned right or left in a randomized order.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

- Clinically diagnosed atopic dermatitis
- Mild to moderate atopic dermatitis, according to total SCORAD score (score <25 and <50 respectively)
- Age between 18 and 70 years
- Written informed consent
- At least two symmetrical (i.e. left and right side of the body) skin sites with comparable AD severity (Measured in SCORAD-score)

### Exclusion criteria

- Extensive UV exposure in the last 14 days before study and/or expected during the study.
- Other skin disease other than AD.
- Use of antibiotics prior to (4 weeks) the study and/or expected use during the study.
- Use of systemic suppressing drugs (e.g. prednisone, methothrexate) prior to (4 weeks) the study and/or expected use during the study
- Severe disorders within the last 6 months before study (e.g. cancer, acute cardiac or circularity disorders, HIV, infectious hepatitis)
- Investigator's uncertainty about the willingness or ability of the patient to comply with the protocol requirements.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	06-05-2014
Enrollment:	100
Type:	Anticipated

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

NTR-new

NTR-old

Other

### ID

NL4321

NTR4541

METC AMC : 2014\_090

## Study results