

# EMDR and Tinnitus

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22633

### Source

Nationaal Trial Register

### Brief title

EMDR and tinnitus

### Health condition

tinnitus - ringing in the ears - oorsuizen - EMDR - Eye Movement desensitisation and reprocessing -

## Sponsors and support

**Primary sponsor:** none

initiated as part of the post doctoral education of Clinical Psychologist/Psychotherapist

**Source(s) of monetary or material Support:** fund = initiator

## Intervention

## Outcome measures

### Primary outcome

Tinnitus Functional Index TFI

### Secondary outcome

MiniTQ (mini Tinnitus Questionnaire)

SCL-90 (symptom checklist 90)

ZIL (Self Assessment Questionnaire)

## Study description

### Background summary

the aim of the study is to test whether EMDR is effective to use as an intervention in order to reduce the severity and the burden of tinnitus and to determine whether the alleged effect of treatment is stable. The research is conducted with a within group design in a multicentre study (4 centres). The study population consists of adult and mentally competent patients (18-65 yrs) with chronic subjective tinnitus which are treated by the ENT doctor in hospitals involved and seriously suffer from tinnitus for more than 6 months.

### Study design

T0 inclusion

T1 start waitinglist condition (3 months)

T2 end waitinglist condition/start intervention

T3 halfway intervention

T4 end intervention

T5 follow up (3 months)

### Intervention

EMDR (Eye movement desensitisation and reprocessing)

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

age 18-65

TO: score on TFI > 54 (cut off point)

Tinnitus exists > 6 months

### Exclusion criteria

communicationproblems in Dutch

severe depression, suicidal ideations

## Study design

### Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	Active

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 01-05-2016  
Enrollment: 40  
Type: Actual

## Ethics review

Positive opinion  
Date: 31-05-2016  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 43661  
Bron: ToetsingOnline  
Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL5725
NTR-old	NTR5878
CCMO	NL54362.100.15
OMON	NL-OMON43661

## Study results