

# Saphenus blok reduceerd opname duur na epifysiodese van de knie - een triple blind superiority trial

No registrations found.

|                              |                |
|------------------------------|----------------|
| <b>Ethical review</b>        | Not applicable |
| <b>Status</b>                | Pending        |
| <b>Health condition type</b> | -              |
| <b>Study type</b>            | Interventional |

## Summary

### ID

NL-OMON22187

### Source

Nationaal Trial Register

### Health condition

We include 44 patients (22 verum 22 placebo) who have to ondergroe percutan epiphysiodesis of both knees under gerneal anesthesia.

epifysiodese

saphenus blok

## Sponsors and support

**Primary sponsor:** Wilhelmina Ziekenhuis Assen

**Source(s) of monetary or material Support:** initiator = sponsor

## Intervention

## Outcome measures

### Primary outcome

lenght of stay after surgery

## Secondary outcome

intra- and postoperative opioid consumption

NRS pain scores

time in the post anesthetic care unit

time to walk (with crutches)

strength of the quadriceps muscle

overall patient satisfaction

## Study description

### Study objective

We hypothesize that a single shot saphenous nerve block in combination with general anesthesia would be superior to general anesthesia alone regarding opioid consumption, pain scores, recovery and length of stay in adolescent patients undergoing epiphysiodesis of the knee.

### Study design

NRS three times a day

strength of quadriceps muscle twice a day postoperative day 1 and 2

overall patient satisfaction day after discharge

### Intervention

Single shot saphenous nerve block with either Ropivacaine or sodium chloride

## Contacts

### Public

Wilhelmina Ziekenhuis Assen Poli anesthesiologie  
Assen  
The Netherlands

## Scientific

Wilhelmina Ziekenhuis Assen Poli anesthesiologie  
Assen  
The Netherlands

## Eligibility criteria

### Inclusion criteria

12-18 yaers of age

ASA 1 of 2

bilateral epiphysiodesis planned

informed consent

### Exclusion criteria

ASA 3 or higher

chronic pain

chronic use of opiods

refusal of the patient or care taker

allergy to Ropivacaine

abnormallity of the pheripheral nervous system concerning the femoral nerve and/ or the saphenous nerve

inflammation of the distal third of the thigh

## Study design

### Design

Study type: Interventional

|                     |                               |
|---------------------|-------------------------------|
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Double blinded (masking used) |
| Control:            | Placebo                       |

## Recruitment

|                           |             |
|---------------------------|-------------|
| NL                        |             |
| Recruitment status:       | Pending     |
| Start date (anticipated): | 02-09-2018  |
| Enrollment:               | 0           |
| Type:                     | Anticipated |

## Ethics review

|                   |                |
|-------------------|----------------|
| Not applicable    |                |
| Application type: | Not applicable |

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 46475  
Bron: ToetsingOnline  
Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID             |
|----------|----------------|
| NTR-new  | NL7115         |
| NTR-old  | NTR7320        |
| CCMO     | NL64631.042.18 |
| OMON     | NL-OMON46475   |

## Study results