# Virtual Reality Game for Aggressive Impulse Management (VR-GAIME)

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON22120

Source

Nationaal Trial Register

**Brief title** 

**VR-GAIME** 

#### **Health condition**

Aggressive behavior

Aggression

Aggression regulation

Aggression treatment

Agressief gedrag

Agressie

Agressie regulatie

Agressie behandeling

Virtual reality

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Amsterdam

**Pompestichting** 

Source(s) of monetary or material Support: European Research Council

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Aggressive behavior measured before, half-way and end of treatment

#### **Secondary outcome**

Aggressive impulses

Hostile interpretation bias

Approach/avoidance tendencies

Reactive/proactive aggression

Trait aggression

State/trait anger

**Psychopathy** 

Experience of distinct emotions

# **Study description**

#### **Background summary**

Recent research has linked chronic anger management problems to reactive increases in approach motivation to socially threating stimuli. This opens the door to a new generation of anger management interventions targeting the motivational component of anger. Laboratory findings indicate that training avoidance movements to angry faces may lower anger and aggression among healthy participants, especially those high in trait anger. The proposed study extends this training to a sample with clinically relevant aggression problems. To enrich the training, it has been made into a virtual reality game. The effectiveness of the Virtual Reality Game for Aggressive Impulse ManagEment (VR-GAIME) will be tested in a randomized controlled trial among forensic psychiatric outpatients with aggression regulation problems. Participants who receive general aggression treatment will play either the VR-GAIME or a placebo game. Anger will be assessed using self-report and aggressive impulses via self-report, a validated laboratory paradigm and clinician ratings. We predict that the combination of the VR-GAIME and general aggression treatment will be more successful in reducing aggressive behavior.

#### **Study objective**

We predict that the combination of the VR-GAIME and general aggression treatment will be more successful in reducing aggressive behavior.

#### Study design

Screening regarding in- and exclusion criteria

Baseline measurement

Start treatment (total duration of 12 weeks)

Half-way measurement

End of treatment measurement

#### Intervention

Agression regulation in combination with a virtual reality game to train the automatic tendency to approach social threat

VR-GAIME will be provided alongside the first 5 sessions of the general aggression treatment. Half of the participants will receive a placebo game in which avoidance behavior will not be trained

## **Contacts**

#### **Public**

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#### Scientific

Danique Smeijers [default] The Netherlands

# **Eligibility criteria**

#### **Inclusion criteria**

- 1) male seks
- 2) aggression regulation treatment is indicated

# **Exclusion criteria**

- 1) current major depression
- 2) current severe addiction
- 3) lifetime bipolar disorder
- 4) lifetime psychosis

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 29-01-2018

Enrollment: 60

Type: Anticipated

# **Ethics review**

Positive opinion

4 - Virtual Reality Game for Aggressive Impulse ManagEment (VR-GAIME) 25-06-2025

Date: 25-10-2017

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6801 NTR-old NTR6986

Other ERC : ART (693623)

# **Study results**