# The direct effects of NSAIDS on osteoarthritic knee cartilage.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

## **Summary**

## ID

NL-OMON21305

**Source** Nationaal Trial Register

**Brief title** N/A

#### **Health condition**

Osteoarthritis of the knee is a progressing degenerative joint disorder, characterised by joint pain and limitation of movement, leading to disability. Tissue changes comprise damage of joint cartilage, synovial inflammation and changes in subchondral bone, such as subchondral sclerosis and osteophyte formation (bony outgrowths).

## **Sponsors and support**

**Primary sponsor:** UMC Utrecht Rheumatology & Clin. Immunology

Intervention

#### **Outcome measures**

#### **Primary outcome**

Difference in proteoglycan release of osteoarthritic cartilage after treatment.

#### Secondary outcome

ProsteoglandinE2 levels produced by cartilage.

# **Study description**

#### **Background summary**

Objectives:

Selective COX-2 inhibitors are prescribed for many disorders including osteoarthritis (OA), a degenerative joint disease with an incidence exceeding 10% of the adult population.

Recent in vitro studies showed a positive direct effect of celecoxib, one of the selective COX-2 inhibitors, on human OA cartilage. Such effects are difficult to verify in a clinical trial because changes in OA cartilage, degenerative and reparative, are slow and evaluation of articular cartilage by imaging techniques is still hampered by their limited sensitivity.

Therefore, an approach is used in which the benefits of in vivo treatment are combined with the benefits of ex vivo biochemical analyses of the cartilage.

#### Methods:

Patients with knee OA are treated 4 weeks prior to scheduled knee replacement surgery with celecoxib 2dd200mg, naproxen 3dd250mg, or indomethacin 2dd50mg. During surgery cartilage is collected and analyzed ex vivo.

#### **Study objective**

Selective COX-2 inhibition is beneficial for matrix turnover.

#### Study design

N/A

#### Intervention

Celecoxib: 4 weeks, 2 times per day, 200 mg;

Naproxen: 4 weeks, 3 times per day, 250 mg;

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Indomethacin: 4 weeks, 2 times per day, 50 mg.

# Contacts

#### Public

University Medical Center Utrecht (UMCU), Department of Rheumatology and Clinical Immunology, F02.127, P.O. Box 85500 A.C.A. Marijnissen Utrecht 3508 GA The Netherlands +31 (0)30 2509758 **Scientific** University Medical Center Utrecht (UMCU), Department of Rheumatology and Clinical Immunology, F02.127, P.O. Box 85500 A.C.A. Marijnissen Utrecht 3508 GA The Netherlands +31 (0)30 2509758

# **Eligibility criteria**

## **Inclusion criteria**

Patients with knee osteoarthritis according to the ACR criteria, considered for total knee replacement surgery.

## **Exclusion criteria**

- 1. Total knee replacement for other reason than osteoarthritis;
- 2. History of gastro-intestinal bleedings or perforation;

3. Increased risk for cardiovascular diseases (cardiovascular diseases in history, patients with untreated hypertension, patients with angina pectoris, and patients on oral anticoagulantia).

# Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

## Recruitment

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NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-11-2004
Enrollment:	42
Туре:	Actual

# **Ethics review**

Positive opinion	
Date:	29-08-2005
Application type:	First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register	ID
NTR-new	NL126
NTR-old	NTR159
Other	: N/A
ISRCTN	ISRCTN90366351

# **Study results**

#### Summary results

Arthritis Res Ther. 2006;8(1):R2.