# Is it effective and cost-effective to seal dental caries instead of "drilling and filling"?

No registrations found.

**Ethical review** Positive opinion

**Status** Recruitment stopped

Health condition type -

Study type Interventional

## **Summary**

#### ID

NL-OMON21227

**Source** 

NTR

#### **Health condition**

Dental caries progression, caries lesion management, cost-effectiveness

## **Sponsors and support**

**Primary sponsor:** University Medical Centre Groningen. Centre for dentistry and oral hygiene. Groningen, The Netherlands.

Source(s) of monetary or material Support: ZonMW, Den Haag, The Netherlands

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

- first-attempt success rate

#### **Secondary outcome**

- caries progression after two years
  - 1 Is it effective and cost-effective to seal dental caries instead of "drilling an ... 8-05-2025

- cost-effectiveness from both a medical and societal perspective
- differences in QALYs (CHU-9D)
- differences in dental fear (CFFS-DS)

# **Study description**

#### **Background summary**

The past 5 years, there is gaining evidence that occlusal dental caries can be inhibited or stopped by sealing the lesion rather than removing all carious tissue and placing a restoration.

This study aims to assess the effectiveness and cost-effectiveness of sealing occlusal ICDAS 3 and 4 lesions by comparing the sealing method with care as usual (placing a restoration).

#### **Study objective**

Dental caries lesions (with ICDAS Codes 3 and 4) can be treated by sealing, offering a less invasive and less costly treatment option with the same results as preparation and restoration of the carious lesions.

#### Study design

T=0: start of intervention

T=1: control after 12 months

T=2: end of the trial

#### Intervention

Intervention group:

cleaning occlusal surface with rotating brush pumice, isolation of tooth (rubberdam), placement of resin-based sealant after etching

Control group (care as usual)

local anesthetic, isolation (rubberdam), preparation / excavation with rotating instruments, restoration with composite resin or compomer restoration material.

## **Contacts**

#### **Public**

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#### **Scientific**

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# **Eligibility criteria**

#### Inclusion criteria

Age 3-18 years

Caries lesions in occlusal surface

Lesion stage ICDAS 3 and 4

#### **Exclusion criteria**

Under 3 years / over 17 years

Caries lesions in other surfaces

Lesion stage ICDAS 0, 1, 2, 5 and 6

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 15-12-2017

Enrollment: 300

Type: Actual

### **IPD** sharing statement

Plan to share IPD: Yes

## **Ethics review**

Positive opinion

Date: 24-07-2017

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6405 NTR-old NTR6580

Other ZonMw, 's Gravenhage: 843001810

# **Study results**